

# Tomato and Sausage Risotto

with Pesto Drizzle

Classic 30-35 Minutes









Medium Tomato





Chicken Stock

Tomato Puree





Cumberland Sausage

Risotto Rice





Fresh Pesto



Grated Hard Italian Style Cheese

Oil, Salt, Pepper, Olive Oil, Butter

### Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

### **Cooking tools**

Kettle, garlic press, measuring jug, baking tray, ovenproof pan, lid and bowl.

### Ingredients

Ingredients	2P	3P	4P	
Medium Tomato	1	2	2	
Garlic Clove**	2	3	4	
Chicken Stock Paste	20g	30g	40g	
Tomato Puree	30g	45g	60g	
Cumberland Sausage** <b>14</b> )	4	6	8	
Risotto Rice	175g	260g	350g	
Fresh Pesto** 7)	32g	48g	64g	
Grated Hard Italian Style Cheese** <b>7) 8)</b>	20g	40g	40g	
Pantry	2P	3P	4P	
Boiled Water for the Stock*	500ml	750ml	1000ml	
Olive Oil for the Drizzle*	1 tbsp	1½ tbsp	2 tbsp	
Butter*	20g	30g	40g	
*Not Included **Store in the Fridge				

### **Nutrition**

Typical Values	Per serving	Per 100g
for uncooked ingredient	336g	100g
Energy (kJ/kcal)	3887 /929	1159 /277
Fat (g)	51.6	15.4
Sat. Fat (g)	19.0	5.7
Carbohydrate (g)	85.0	25.3
Sugars (g)	6.4	1.9
Protein (g)	28.4	8.5
Salt (g)	4.54	1.35

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

### **Allergens**

#### 7) Milk 8) Egg 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

### Contact

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### **Get Prepping**

Preheat your oven to 220°C/200°C fan/gas mark 7. Boil your kettle.

Cut the **tomato** into 1cm chunks. Peel and grate the **garlic** (or use a garlic press).

Pour the **boiled water for the stock** (see pantry for amount) into a measuring jug. Add the **chicken stock paste** and **tomato puree**, stirring well to combine - this is your **chicken stock.** 

Pop the **sausages** onto a baking tray.

IMPORTANT: Wash your hands and equipment after handling raw meat.



### Start your Risotto

Heat a drizzle of **oil** in a large ovenproof pan on medium heat. **TIP**: *If you don't have an ovenproof pan, use a normal pan and transfer to an ovenproof dish before baking*.

Add the **risotto rice**, **tomato** and **garlic**. Stir and cook until the edges of the **rice** are translucent, 1-2 mins.

Pour in your **stock** and stir to combine. Bring back up to the boil, then pop a lid on the pan (or cover with foil).



# Ready, Steady, Bake

Bake the **risotto** on the middle shelf and the **sausages** on the top shelf of your oven until the **rice** is cooked, the **water** has been absorbed and the **sausages** are golden brown and cooked through, 20-25 mins. **IMPORTANT**: The sausages are cooked when no longer pink in the middle.



### Pesto Drizzle Time

Meanwhile, in a small bowl, combine the **pesto** and **olive oil for the drizzle** (see pantry for amount).



## **Cheese Please**

When the **risotto** is cooked, remove it from the oven and stir through the **hard Italian style cheese** and **butter** (see pantry for amount). TIP: Add a splash of water to loosen the risotto if needed.

Cut the **cooked sausages** into rounds and stir through the **risotto**.



## Serve Up

Share the **sausage risotto** between your bowls. Spoon over the **pesto drizzle** to finish.

### Enjoy!