

# Presto Bacon and Mushroom Linguine

with Peas and Cheese



Quick 20 Minutes · 1 of your 5 a day







Linguine



Sliced Mushrooms





Garlic Clove

**Bacon Lardons** 



Creme Fraiche







Italian Style Cheese

**Pantry Items** Oil, Salt, Pepper

## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

### **Cooking tools**

Kettle, saucepan, frying pan, garlic press and colander.

## Ingredients

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Ingredients	2P	3P	4P
Linguine 13)	180g	270g	360g
Sliced Mushrooms**	80g	120g	120g
Bacon Lardons**	60g	90g	120g
Garlic Clove**	1	2	2
Creme Fraiche** 7)	150g	225g	300g
Chicken Stock Paste	10g	15g	20g
Peas**	120g	180g	240g
Grated Hard Italian Style Cheese** <b>7) 8)</b>	20g	30g	40g
Pantru	2P	3P	4P
•	2P	SP.	46
Reserved Pasta Water*	100ml	150ml	200ml

\*Not Included \*\*Store in the Fridge

#### **Nutrition**

Typical Values	Per serving	Per 100g
for uncooked ingredient	362g	100g
Energy (kJ/kcal)	3039 /726	838 / 200
Fat (g)	34.8	9.6
Sat. Fat (g)	19.1	5.3
Carbohydrate (g)	77.1	21.3
Sugars (g)	9.3	2.6
Protein (g)	26.5	7.3
Salt (g)	2.06	0.57

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

## **Allergens**

7) Milk 8) Egg 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

#### Contact

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#### Cook the Pasta

- a) Fill and boil your kettle.
- **b)** Pour the **boiled water** into a large saucepan with ½ **tsp salt** on high heat.
- c) Add the linguine. Bring back to the boil.
- d) Cook until tender, 12 mins.



## **Start Frying**

- **a)** While the **pasta** cooks, heat a drizzle of **oil** in a large frying pan on high heat.
- **b)** Once hot, add the **sliced mushrooms** and **bacon lardons**.
- **c)** Cook, stirring occasionally, until golden all over, 4-5 mins. **IMPORTANT:** Wash your hands and equipment after handling raw meat. Cook bacon thoroughly.



## **Get Prepped**

**a)** Meanwhile, peel and grate the **garlic** (or use a garlic press).



#### Add the Garlic

- **a)** Once the **mushrooms** and **bacon** are golden, stir in the **garlic** and cook for 30 secs.
- **b)** Once the **pasta** is cooked, reserve some of the **pasta water** (see pantry for amount), then drain in a colander. Drizzle with **oil** and stir through to prevent it sticking.



## Bring on the Sauce

- a) Stir the reserved pasta water, creme fraiche, chicken stock paste and peas into the mushrooms and bacon, simmer for 2-3 mins.
- **b)** Add the **cooked pasta** and **Italian style cheese** to the **sauce** and gently toss to coat.
- **c)** Add another splash of **water** if the **sauce** is a bit thick. Season to taste with **salt** and **pepper**.



#### Serve

**a)** Share the **bacon and mushroom linguine** between your bowls.

### Enjoy!