

Chipotle Chicken, Halloumi and Pepper Skewers



with Wedges, Guacamole and Zesty Soured Cream

Street Food 45-50 Minutes • Medium Spice • 2 of your 5 a day







Bamboo Skewers





Bell Pepper





Chicken Thighs



Potatoes



Chipotle Paste

Mexican Style Spice Mix



Soured Cream



Avocado

Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep. Ingredients in red are hot!

Cooking tools

Fine grater, bowl and baking tray.

Ingredients

| Ingredients | 2P | 3P | 4P |
|----------------------------|----------|--------------|-----------|
| Bamboo Skewers | 6 | 9 | 12 |
| Halloumi** 7) | 225g | 338g | 450g |
| Bell Pepper*** | 1 | 2 | 2 |
| Lime** | 1/2 | 1 | 1 |
| Chicken Thighs** | 3 | 5 | 6 |
| Chipotle Paste | 20g | 30g | 40g |
| Potatoes | 450g | 700g | 900g |
| Mexican Style Spice Mix | 1 sachet | 1 sachet | 2 sachets |
| Soured Cream** 7) | 75g | 99g | 150g |
| Avocado | 1 | 2 | 2 |
| der in the first section. | | at at at any | |

*Not Included **Store in the Fridge ***Based on season, the colour of your bell pepper will either be yellow, red or orange to guarantee you get the best quality pepper.

Nutrition

| Typical Values | Per serving | Per 100g |
|-------------------------|-------------|----------|
| for uncooked ingredient | 699g | 100g |
| Energy (kJ/kcal) | 4628 /1106 | 662/158 |
| Fat (g) | 70.4 | 10.1 |
| Sat. Fat (g) | 29.7 | 4.3 |
| Carbohydrate (g) | 61.1 | 8.7 |
| Sugars (g) | 10.7 | 1.5 |
| Protein (g) | 64.4 | 9.2 |
| Salt (g) | 3.49 | 0.50 |
| | | |

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

Let us know what you think!

Share your creations with **#HelloFreshSnaps**Head to <u>hellofresh.co.uk</u> or use our app to rate this recipe

HelloFresh UK

Packed in the UK The Fresh Farm 60 Worship St, London EC2A 2EZ







Get Prepped

Preheat your oven to 220°C/200°C fan/gas mark 7. Soak the **skewers** in **cold water** to prevent them from burning.

Drain the **halloumi**, then cut it into 3cm chunks. Halve the **pepper** and discard the core and seeds. Chop into 3cm chunks

Zest and halve the **lime**. Cut the **chicken thighs** into 3cm chunks.

In a large bowl, add the halloumi, pepper, chicken, chipotle paste, half the lime zest and olive oil (see pantry for amount). Season with salt and pepper, then toss to coat. IMPORTANT: Wash your hands and equipment after handling raw chicken and its packaging.



Mash the Guac

Meanwhile, in a small bowl, combine the **soured cream**, remaining **lime zest** and **half** the **lime juice**. Season with **salt** and **pepper**, then set aside.

Halve the **avocado** and remove the stone. Use a tablespoon to scoop the flesh out into a medium bowl.

Add a drizzle of **oil**, the remaining **lime juice** and a pinch of **salt** and **pepper**. Mash with a fork until smooth.



Make your Skewers

Thread the **halloumi**, **pepper** and **chicken** onto the **skewers** (3 per person).

Transfer the **skewers** to a lightly oiled baking tray, keeping them spaced apart. **IMPORTANT**: Wash your hands and equipment after handling raw chicken and its packaging.



Roasting Time

Chop the **potatoes** into 2cm wide wedges (no need to peel).

Pop the **wedges** onto a large baking tray. Drizzle with **oil**, sprinkle over the **Mexican style spice mix**, season with **salt** and **pepper**, then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary.

Roast the **wedges** on the top shelf of your oven, and **chicken skewers** on the middle shelf of your oven until golden and cooked through, 25-30 mins. Turn halfway through. **IMPORTANT**: The chicken is cooked when no longer pink in the middle.



Hey Honey

When the **skewers** have 5 mins remaining, remove the tray from the oven. Drizzle over the **honey** (see pantry for amount), then return to the oven for the remaining time.



Serve Up

When everything's ready, share the **skewers** between your plates.

Serve the **wedges** and **guac** alongside. Drizzle over the **zesty soured cream** to finish.

Enjoy!