Creamy Pesto and Sweet Potato Gratin


## Pantry Items

Oil, Salt, Pepper

## CUSTOM RECIPE

If you chose to add or double up on protein, then just follow the instructions on the back of this card.

## Before you start

Our fruit and veg need a little wash before you use them. Wash your hands before and after prep.
Cooking tools
Saucepan, garlic press, bowl, frying pan, colander, ovenproof dish and baking tray.
Ingredients

| Ingredients | 2P | 3P | 4P |
| :---: | :---: | :---: | :---: |
| Sweet Potato | 1 | 2 | 2 |
| Potatoes | 450 g | 700g | 900g |
| Garlic Clove** | 3 | 4 | 6 |
| Medium Tomato | 2 | 3 | 4 |
| Breadcrumbs 13) | 25g | 50g | 50g |
| Creme Fraiche** 7 ) | 150g | 225g | 300g |
| Vegetable Stock Paste 10) | 10 g | 15g | 20g |
| Grated Hard Italian Style Cheese* ${ }^{\text {7 }}$ ) 8) | 40g | 60g | 80 g |
| Fresh Pesto** ${ }^{\text {7 }}$ | 32 g | 48 g | 64 g |
| Baby Leaf Mix** | 50 g | 75 g | 100g |
| Balsamic Glaze 14) | 12 ml | 24 ml | 24 ml |
| BaconLardons** | 90 g | 120 g | 180 g |
| Pantry | 2 P | 3P | 4P |
| Oil for the Breadcrumbs* | 1 tbsp | $11 / 2$ tbsp | 2 tbsp |
| Water for the Sauce* | 100 ml | 150 ml | 200 ml |
| *Not Included **Store in the | ridge |  |  |


| Nutrition |  |  | Custom Recipe |  |
| :---: | :---: | :---: | :---: | :---: |
| Typical Values | Per serving | $\begin{gathered} \mathrm{Per} \\ 100 \mathrm{~g} \end{gathered}$ | Per serving | $\begin{gathered} \mathrm{Per} \\ 100 \mathrm{~g} \end{gathered}$ |
| for uncooked ingredient | 682 g | 100g | 727 g | 100 g |

Energy (kJ/kcal) $3456 / 826$ 507/121 3944/943 543/130

| Fat (g) | 41.5 | 6.1 | 50.6 | 7.0 |
| :--- | :--- | :--- | :--- | :--- |
| Sat. Fat (g) | 20.7 | 3.0 | 23.6 | 3.3 |


| Carbohydrate (g) | 96.2 | 14.1 | 97.1 | 13.4 |
| :--- | :--- | :--- | :--- | :--- |


| Sugars $(\mathrm{g})$ | 19.7 | 2.9 | 19.8 | 2.7 |
| :--- | :--- | :--- | :--- | :--- |


| Srotein $(\mathrm{g})$ | 19.0 | 2.8 | 26.6 | 3.7 |
| :--- | :---: | :---: | :---: | :---: |
| Salt $(\mathrm{g})$ | 2.33 | 0.34 | 3.56 | 0.49 |

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult ( $8400 \mathrm{~kJ} / 2000 \mathrm{kcal}$ ).
Allergens
7) Milk 8) Egg 10) Celery 13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.
Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.
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## Get Prepped

Preheat your oven to $220^{\circ} \mathrm{C} / 200^{\circ} \mathrm{C}$ fan/gas mark 7 . Bring a large saucepan of water with $1 / 2$ tsp salt to the boil.
Peel and slice the sweet potato and white potatoes into 1 cm thick rounds.

Once boiling, add both types of potato to the water and simmer until just tender, 8-12 mins.
in the meantime, peel and grate the garlic (or use a garlic press). Halve the tomatoes.


## Tomato Time

Pop the dish onto one side of a large baking tray, then lay the tomato halves onto the other side, cut-side up.
Spread the tomatoes with the remaining garlic, then season with salt and pepper.


## Sauce Things Up

In a small bowl, combine the breadcrumbs with the oil for the breadcrumbs (see pantry for amount). Season with salt and pepper. Set aside. Heat a drizzle of oil in a large frying pan on medium heat. Once hot, add half the garlic and cook until fragrant, 1 min.
Stir in the creme fraiche, veg stock paste, grated hard Italian style cheese and water for the sauce (see pantry for amount). Bring to the boil, then remove from the heat.

## CUSTOM RECIPE

If you've chosen to add bacon, add it to the pan before the garlic. Stir-fry until golden, 4-5 mins, then add the garlic and continue as instructed. IMPORTANT: Wash your hands and equipment after handling raw meat. Cook bacon thoroughly.


## Cook your Gratin

Bake on the top shelf of your oven until the gratin is golden brown and bubbling and the tomatoes have softened, 15-20 mins.


Hey Pesto
Stir the pesto through the sauce, then taste and season with salt and pepper if needed.
Once ready, drain the potatoes in a colander and place them in layers in an appropriately sized ovenproof dish. Pour over the creamy pesto sauce.
Sprinkle the crumbs evenly over the creamy potatoes.


## Serve Up

When everything's ready, share the creamy pesto gratin between your plates.
Serve the roasted tomatoes and salad alongside, drizzling the balsamic glaze over the salad leaves to finish.

