



Cheddar Cheeseburger

with Wedges and Roasted Garlic Slaw

Family 40-45 Minutes

2



Potatoes



Garlic Clove



Mixed Herbs



Panko Breadcrumbs



Beef Mince



Mature Cheddar
Cheese



Coleslaw Mix



Mayonnaise



Sliced Burger
Buns



Streaky Bacon

Pantry Items

Oil, Salt, Pepper, Tomato Ketchup

CUSTOM RECIPE

If you chose to add or double up on protein, then just follow the instructions on the back of this card.

Happy cooking!

Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Baking tray, aluminium foil, garlic press, bowl, grater and kitchen scissors.

Ingredients

Ingredients	2P	3P	4P
Potatoes	450g	700g	900g
Garlic Clove**	3	4	6
Mixed Herbs	1 sachet	1 sachet	2 sachets
Panko Breadcrumbs 13)	10g	15g	20g
Beef Mince**	240g	360g	480g
Mature Cheddar Cheese** 7)	30g	40g	60g
Coleslaw Mix**	120g	180g	240g
Mayonnaise 8) 9)	64g	96g	128g
Sliced Burger Buns 13)	2	3	4
Streaky Bacon**	4 rashers	6 rashers	8 rashers

Pantry	2P	3P	4P
Tomato Ketchup*	2 tbsp	3 tbsp	4 tbsp
Salt for the Breadcrumbs*	¼ tsp	½ tsp	½ tsp
Water for the Breadcrumbs*	2 tbsp	3 tbsp	4 tbsp

*Not Included **Store in the Fridge

Nutrition

Typical Values	Custom Recipe			
	Per serving	Per 100g	Per serving	Per 100g
for uncooked ingredient	581g	100g	611g	100g
Energy (kJ/kcal)	3748 /896	606 /145	4105 /981	672 /161
Fat (g)	38.7	6.7	45.5	7.4
Sat. Fat (g)	13.4	2.4	16.3	2.7
Carbohydrate (g)	98.5	14.7	98.5	16.1
Sugars (g)	16.5	2.4	16.5	2.7
Protein (g)	42.6	7.4	48.1	7.9
Salt (g)	3.10	0.51	4.08	0.67

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk **8)** Egg **9)** Mustard **13)** Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

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Cook the Wedges

Preheat your oven to 220°C/200°C fan/gas mark 7.

Chop the **potatoes** into 2cm wide wedges (no need to peel). Pop the **wedges** onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat.

Spread out in a single layer. **TIP:** Use two baking trays if necessary.

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.



Make your Slaw

While the **burgers** cook, grate the **cheese**.

Once the **garlic** has roasted and cooled, cut the end with scissors, squeeze it out of the skin into another large bowl and mash with a fork.

Add the **coleslaw mix** and **mayonnaise** to the **roasted garlic**. Season with **salt** and **pepper**, then mix well to combine. Taste and season again if needed.



Shape your Burgers

Meanwhile, pop **two thirds** of the **garlic cloves** (unpeeled) into a small piece of foil with a drizzle of **oil** and scrunch to enclose it. Peel and grate the remaining **garlic** (or use a garlic press).

In a large bowl, combine the **mixed herbs**, **salt** and **water for the breadcrumbs** (see pantry for both amounts), **breadcrumbs** and the **grated garlic**, then add the **beef mince**. Season with **pepper** and mix together with your hands.

Roll into even-sized balls, then shape into 1cm thick **burgers**, 1 per person. **TIP:** The burgers will shrink a little during cooking. **IMPORTANT:** Wash your hands and equipment after handling raw mince.



Cheese Please

Once cooked, carefully place the **cheese** on top of the **burgers** and pop back into the oven until the **cheese** has melted, 2-3 mins.

At the same time, add the **burger buns** to the tray to warm through, 2-3 mins.



Get Baking

Pop the **burgers** onto a baking tray and bake on the middle shelf until cooked through, 12-15 mins. **IMPORTANT:** The burgers are cooked when no longer pink in the middle.

At the same time, roast the **garlic parcel** in the oven until soft, 10-12 mins.

CUSTOM RECIPE

If you've chosen to add **bacon rashers**, lay in a single layer alongside the **burgers** (use two trays if necessary). Cook for the same amount of time until crispy, 12-15 mins. Once the **bacon** is cooked, set aside on a plate lined with kitchen paper before serving. **IMPORTANT:** Wash your hands and equipment after handling raw meat. Cook bacon thoroughly.



Serve

When everything's ready, spread the **ketchup** (see pantry for amount) on the **bun bases**, then top with the **cheesy burgers** and **bun lids**.

Serve with the **wedges** and **slaw** alongside.

Enjoy!