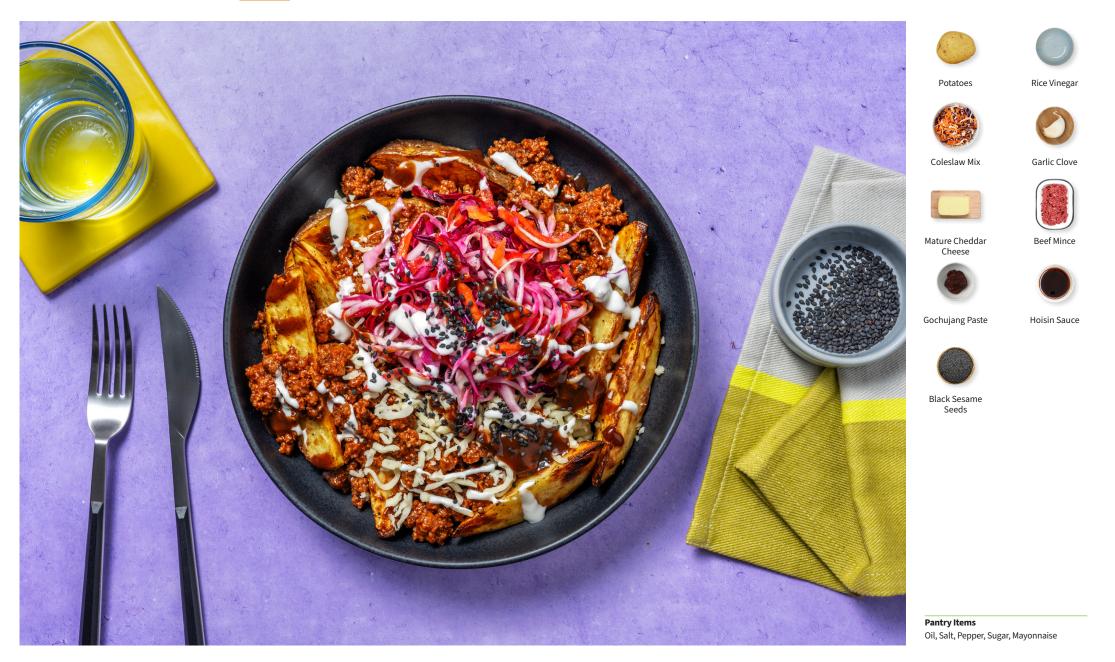


Cheesy Korean Inspired Beef Loaded Wedges



with Pickled Slaw, Hoisin Drizzle and Black Sesame

Family Air Fryer Friendly 40-45 Minutes • Medium Spice



Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep. Ingredients in red are hot!

Cooking tools

Baking tray, bowl, garlic press, grater and frying pan.

Ingredients	2P	3P	4P
Potatoes	450g	700g	900g
Rice Vinegar	15ml	22ml	30ml
Coleslaw Mix**	120g	180g	240g
Garlic Clove**	2	3	4
Mature Cheddar Cheese** 7)	40g	60g	80g
Beef Mince**	240g	360g	480g
Gochujang Paste 11)	50g	75g	100g
Hoisin Sauce 11)	64g	96g	128g
Black Sesame Seeds 3)	5g	10g	10g
Pantry	2P	3P	4P
Sugar for the Pickle*	1 tsp	1½ tsp	2 tsp
Water for the Sauce*	75ml	115ml	150ml
Mayonnaise*	2 tbsp	3 tbsp	4 tbsp

*Not Included **Store in the Fridge

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	553g	100g
Energy (kJ/kcal)	3269 /781	592/141
Fat (g)	39.0	7.1
Sat. Fat (g)	13.9	2.5
Carbohydrate (g)	72.7	13.2
Sugars (g)	24.8	4.5
Protein (g)	39.7	7.2
Salt (g)	3.91	0.71

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

3) Sesame 7) Milk 11) Soya

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Bring on the Wedges

Preheat your oven to 220°C/200°C fan/gas mark 7. Chop the **potatoes** into 2cm wide wedges (no need to peel).

Pop them onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat. Spread out in a single layer. **TIP**: *Use two baking trays if necessary.*

When the oven is hot, roast on the top shelf until golden, 30-40 mins. Turn halfway through.



Get Pickling

While the **wedges** cook, in a medium bowl, combine the **rice vinegar**, **sugar for the pickle** (see pantry for amount) and a pinch of **salt**.

Add the **coleslaw mix** to the bowl and toss in the **pickling liquid**. Set aside to pickle.



Finish the Prep Peel and grate the **garlic** (or use a garlic press). Grate the **cheese**.



Fry the Beef

When the **wedges** have been cooking for 10 mins, heat a large frying pan on medium-high heat (no oil).

Once hot, add the **beef mince** and fry until browned, 5-6 mins. Use a spoon to break it up as it cooks, then drain and discard any excess fat.

Season with **pepper**. **IMPORTANT**: Wash your hands and equipment after handling raw mince. It's cooked when no longer pink in the middle.



Sauce Things Up

Once the **mince** has browned, add the **garlic** to the pan and fry for 1 min.

Stir in the **gochujang paste**, **water for the sauce** (see pantry for amount) and **half** the **hoisin sauce**. Bring to a boil, then lower the heat and simmer until thickened, 5-6 mins.

Taste and season with **salt** and **pepper** if needed.



Assemble and Serve

When everything's ready, share the **wedges** between your bowls.

Spoon over the **gochujang beef**, then top with the **cheese** and **pickled slaw**. Drizzle the **mayo** (see pantry for amount) and remaining **hoisin sauce** on top.

Sprinkle with the **black sesame seeds** to finish.

Enjoy!

Fancy using an air fryer?

- If you'd like to use an air fryer, simply swap out the oven steps for the below:
- 1. Preheat your air fryer to 200°C. Prep, oil and season the potatoes.

2. Once hot, add them to the basket. Bake, shaking and turning regularly, until golden, 20-30 mins.