

Chicken, Serrano Ham & Mozzarella Salad

with Croutons, Baby Plum Tomatoes and Pesto Dressing

Lunch

15-20 Minutes · 1 of your 5 a day







Ciabatta

Tomatoes





Mozzarella

Serrano Ham







Fresh Pesto



Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Baking tray and bowl.

Ingredients

Ingredients	Quantity	
Ciabatta 13)	1	
Baby Plum Tomatoes	125g	
Mozzarella** 7)	1 ball	
Serrano Ham**	4 slices	
Baby Leaf Mix**	100g	
Cooked Chicken Slices**	1 pack	
Fresh Pesto** 7)	32g	

Pantry	Quantity
Olive Oil*	2 tbsp
*Not Included **Store in the Fridge	

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	341g	100g
Energy (kJ/kcal)	2194 /524	644/154
Fat (g)	27.8	8.2
Sat. Fat (g)	9.4	2.8
Carbohydrate (g)	25.0	7.3
Sugars (g)	3.2	0.9
Protein (g)	43.3	12.7
Salt (g)	3.94	1.16

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

Contact

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Bring on the Croutons

- **a)** Preheat your oven to 220°C/200°C fan/gas mark 7. Tear the **ciabatta** into roughly 2cm chunks.
- **b)** Pop the **ciabatta** onto a baking tray in a single layer. Drizzle with **oil**, season with **salt** and **pepper** and toss to coat well.
- c) Bake the **croutons** on the middle shelf until golden, 8-10 mins, then remove from the oven and set aside to cool, 5-10 mins.



Bring on the Salad

- a) Meanwhile, halve the tomatoes.
- **b)** Drain and tear the **mozzarella** into pieces.
- c) Tear the **Serrano ham** into small pieces.
- d) Add the baby leaf mix to a large mixing bowl.



Lunch is Served

- a) When you're ready to serve, top the salad leaves with the Serrano ham pieces, chopped tomatoes, mozzarella pieces, baked croutons and cooked chicken slices.
- **b)** Drizzle the **fresh pesto** and **olive oil for the dressing** (see pantry for amount) over the **salad** and gently toss to coat.
- c) Share between 2 serving bowls to finish.

Enjoy!