

Saag Paneer Side Dish

with Baby Spinach and Toasted Almonds

Special Sides 15-20 Minutes • Mild Spice • Veggie







Paneer

Korma Curry Paste





Baby Spinach

Creme Fraiche



Toasted Flaked Almonds



Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep. Ingredients in red are hot!

Cooking tools

Frying pan.

Ingredients

Ingredients	Quantity	
Paneer** 7)	226g	
Korma Curry Paste 9)	50g	
Baby Spinach**	40g	
Creme Fraiche** 7)	75g	
Toasted Flaked Almonds 2)	15g	

Pantry	Quantity
Water*	1.5 tbsp

*Not Included **Store in the Fridge

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	214g	100g
Energy (kJ/kcal)	2604/622	1216 /291
Fat (g)	52.2	24.4
Sat. Fat (g)	28.1	13.1
Carbohydrate (g)	11.5	5.3
Sugars (g)	8.6	4.0
Protein (g)	27.6	12.9
Salt (g)	2.02	0.94

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

2) Nuts 7) Milk 9) Mustard

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, mollusc, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

Contact

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Fry the Paneer

- a) Cut the paneer into 2cm cubes.
- **b)** Heat a drizzle of **oil** in a large frying pan on medium-high heat.
- **c)** Once hot, add the **paneer** to the pan and season with **salt** and **pepper**. Fry until golden all over, 5-8 mins. Turn regularly to brown them evenly.



Bring on the Flavour

- a) Once cooked, add the korma curry paste and mix to coat the paneer, 1 min.
- **b)** Add the **spinach**. Season with **salt** and **pepper** and add a splash of **water**. Stir-fry until wilted and piping hot, 2-3 mins.
- c) Turn down the heat to medium, then add the **creme fraiche** and **water** (see pantry for amount). Stir to combine, 1-2 mins.



Finish and Serve

a) Pop your saag paneer into your serving bowl and sprinkle over the toasted flaked almonds to finish.

Enjoy!