

Salted Caramel Carrot Cake with Salted Caramel Cream Cheese Frosting

Dessert 50-60 Minutes • Veggie



Find all your unchilled Market items in bag A.

Velvety Vanilla Cake Mix



Walnuts

Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Cake tin, baking paper, grater and bowl.

Ingredients

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Ingredients	Quantity	
Carrot**	2	
Velvety Vanilla Cake Mix 13)	1 pack	
Ground Cinnamon	4 sachets	
Cream Cheese** 7)	200g	
Salted Caramel Sauce 7)	80g	
Walnuts 2)	40g	
Pantry	Quantity	
Egg*	3	
Water*	180ml	
Vegetable Oil*	6 tbsp	
*Not Included **Store in the Fridge		

Nutrition

Typical Values	Per 100g
for uncooked ingredient	100g
Energy (kJ/kcal)	1101/263
Fat (g)	14.4
Sat. Fat (g)	4.7
Carbohydrate (g)	29.2
Sugars (g)	18.7
Protein (g)	4.6
Salt (g)	0.57

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

2) Nuts 7) Milk 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, mollusc, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

Contact

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HelloFresh UK
Packed in the UK
The Fresh Farm
60 Worship St, London EC2A 2EZ









Make the Cake Mix

a) Preheat your oven to $180^\circ\text{C}/160^\circ\text{C}$ fan/gas mark 4. Line two $8^{\prime\prime}/20\text{cm}$ round cake tins with baking paper.

b) Coarsely grate the **carrots**, then pop into the centre of a clean tea towel. Wrap the **carrot** into the tea towel and squeeze to remove as much liquid as possible.

c) In a large bowl, combine the Betty Crocker's cake mix with three quarters of the cinnamon. Add the grated carrots and mix to coat the carrots in the cake mix.

Ready, Steady, Bake

a) In a medium bowl, combine the **eggs**, **water** and **vegetable oil** (see pantry for all three amounts), then add to the **cake mix**. Gently stir until fully combined, 2-3 mins.

b) Divide the **carrot cake mixture** between your lined cake tins and pop onto the middle shelf of your oven until risen and golden, 30-35 mins, or until a rounded knife inserted in the centre comes out clean. **TIP**: *A few crumbs are okay!*

c) Once baked, allow the cake to cool for 10 mins before removing from the tins, then allow to cool completely before decorating.

Let's Decorate!

a) In a medium bowl, combine the **cream cheese**, **salted caramel sauce** and the remaining **cinnamon**.

b) Once completely cooled, gently spread the **salted caramel cream cheese frosting** evenly over the top of each **carrot cake**.

c) Stack one **cake** on top of another, then carefully transfer to your serving platter. Sprinkle the **walnuts** in a circle around the edge of the top **cake** to finish.

Enjoy!