

Veggie BBQ Cheeseburger

with Wedges and Tangy Lettuce Salad

Customer Favourites

30-35 Minutes • Veggie









Potatoes

Mature Cheddar Cheese





Iceberg Lettuce

Unconventional Plant-Based Burgers





Burger Buns





BBQ Sauce

Pantry Items Oil, Salt, Pepper, Mayonnaise

Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Baking tray, grater, frying pan, lid and bowl.

Ingredients

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Ingredients	2P	3P	4P	
Potatoes	450g	700g	900g	
Mature Cheddar Cheese** 7)	30g	40g	60g	
Iceberg Lettuce**	1	1	1	
Unconventional Plant-Based Burgers** 11)	2	3	4	
Burger Buns 13)	2	3	4	
Burger Sauce 8) 9)	45g	75g	90g	
BBQ Sauce	32g	48g	64g	
Pantry	2P	3P	4P	
Mayonnaise*	1 tbsp	1½ tbsp	2 tbsp	
*Not Included **Store in the Fridge				

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	482g	100g
Energy (kJ/kcal)	3253 /778	676/161
Fat (g)	33.5	7.0
Sat. Fat (g)	10.1	2.1
Carbohydrate (g)	88.4	18.4
Sugars (g)	10.4	2.2
Protein (g)	28.5	5.9
Salt (g)	2.58	0.53

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 8) Egg 9) Mustard 11) Soya 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, mollusc, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

Contact

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Get the Wedges In

Preheat your oven to 220°C/200°C fan/gas mark 7.

Chop the **potatoes** into 2cm wide wedges (no need to peel).

Pop the **wedges** onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat. Spread out in a single layer. TIP: *Use two baking trays if necessary.*

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.



Start Prepping

Meanwhile, grate the **Cheddar cheese**.

Trim the **iceberg lettuce**, separate the leaves, then tear into bite-sized pieces.



Fry your Burgers

When the **wedges** have 10-12 mins remaining, heat a drizzle of **oil** in large frying pan on medium-high heat.

Once hot, fry the **plant-based burgers** until browned, 3-4 mins on each side.

When the **burgers** are cooked, remove the pan from the heat. Carefully place the **cheese** on top of the **burgers**.

Cover with a lid (or foil), then set aside, off the heat, to allow the **cheese** to melt, 3-4 mins.



Warm the Buns

Just before everything's ready, halve the **burger buns**.

Transfer the **buns** to a medium baking tray and pop into the oven until warmed through, 2-3 mins.



Dress to Impress

Meanwhile, in a medium bowl, add the **burger sauce** and **iceberg lettuce**. Toss together until well coated.



Assemble and Serve

When everything's ready, spread the **mayo** (see pantry for amount) over the **bun bases** and **BBQ sauce** over the **lids**.

Top the **bases** with the **cheeseburger** and some **dressed iceberg lettuce**, then sandwich shut with the **bun lids**.

Serve your **burgers** with the **wedges** and remaining **dressed iceberg lettuce** alongside.

Enjoy!