



# Special Sesame-Ginger Slaw Side Salad with Salted Peanuts and Lime

Special Sides 5-10 Minutes • 2 of your 5 a day • Veggie

6A

Find all your unchilled Market items in bag A.



Iceberg Lettuce



Lime



Salted Peanuts



Soy and  
Ginger Paste



Sesame Oil



Coleslaw Mix

**Pantry Items**  
Mayonnaise, Honey



## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

## Cooking tools

Fine grater, bowl and rolling pin.

## Ingredients

Ingredients	Quantity
Iceberg Lettuce**	1
Lime**	1
Salted Peanuts <b>1)</b>	25g
Soy and Ginger Paste <b>11)</b>	½ sachet
Sesame Oil <b>3)</b>	20ml
Coleslaw Mix**	120g

Pantry	Quantity
Mayonnaise*	1 tbsp
Honey*	1 tbsp

\*Not Included \*\*Store in the Fridge

## Nutrition

Typical Values for uncooked ingredient	Per serving	Per 100g
Energy (kJ/kcal)	248g 1242 /297	100g 502 /120
Fat (g)	22.3	9.0
Sat. Fat (g)	3.1	1.3
Carbohydrate (g)	18.4	7.4
Sugars (g)	15.6	6.3
Protein (g)	5.5	2.2
Salt (g)	1.19	0.48

Nutrition for uncooked ingredients based on 2 person recipe.  
Reference Intake of an average adult (8400kJ/2000kcal).

## Allergens

**1)** Peanut **3)** Sesame **11)** Soya

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, mollusc, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.


Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

## Contact

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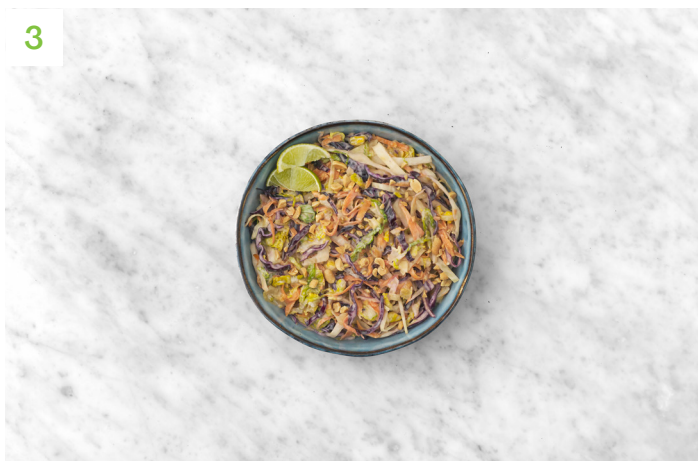
1



2



3



## Prep Time

- Halve the **iceberg lettuce** and thinly slice.
- Zest and juice **half** the **lime** into a large bowl. Cut the remaining **half** into wedges.
- Crush the **peanuts** in the unopened sachet using a rolling pin.

## Make the Sesame Dressing

- To the large bowl of **lime juice** and **zest**, add **half** the **soy and ginger paste**, the **sesame oil**, **mayo** and **honey** (see pantry for both amounts). Stir to combine. **TIP:** Keep the remaining soy and ginger paste for another recipe.
- Pop the **lettuce**, **coleslaw mix** and **two thirds** of the **peanuts** into the bowl of **dressing**, then toss to coat everything in the **dressing**.

## Finish and Serve

- Pop the **dressed side salad** into your serving dish and scatter over the remaining **peanuts**.
- Serve the **lime wedges** on the side for squeezing over.

Enjoy!