



# Lemon Dressed Greek Style Cheese Side Salad with Cucumber and Sugar Snaps

Special Sides 5-10 Minutes • 2 of your 5 a day • Veggie

5A

Find all your unchilled Market items in bag A.



Lemon



Sugar Snap Peas



Baby Cucumber



Pea Shoots



Greek Style Salad Cheese

**Pantry Items**  
Honey, Olive Oil, Pepper



## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

## Cooking tools

Fine grater and bowl.

## Ingredients

Ingredients	Quantity
Lemon**	1
Sugar Snap Peas**	80g
Baby Cucumber**	1
Pea Shoots**	40g
Greek Style Salad Cheese** 7)	100g

Pantry	Quantity
Honey*	1 tbsp
Olive Oil for the Dressing*	2 tbsp

\*Not Included \*\*Store in the Fridge

## Nutrition

Typical Values	Per serving	Per 100g
<b>for uncooked ingredient</b>	<b>259g</b>	<b>100g</b>
Energy (kJ/kcal)	1159 /277	448 /107
Fat (g)	20.2	7.8
Sat. Fat (g)	9.3	3.6
Carbohydrate (g)	16.5	6.4
Sugars (g)	10.9	4.2
Protein (g)	10.7	4.1
Salt (g)	1.28	0.49

Nutrition for uncooked ingredients based on 2 person recipe.  
Reference Intake of an average adult (8400kJ/2000kcal).

## Allergens

### 7) Milk

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, mollusc, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.


Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

## Contact

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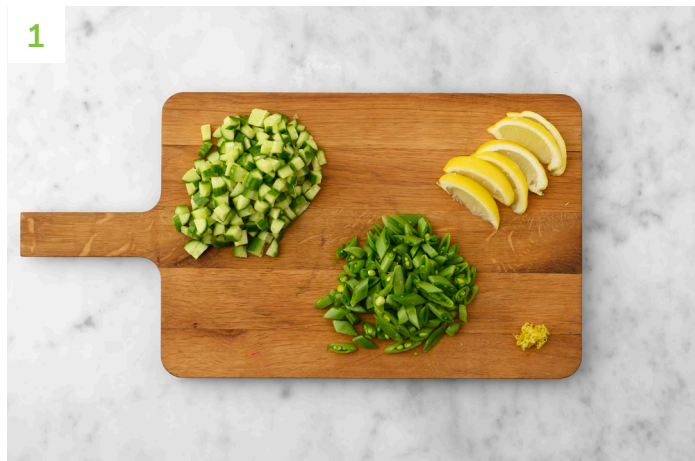
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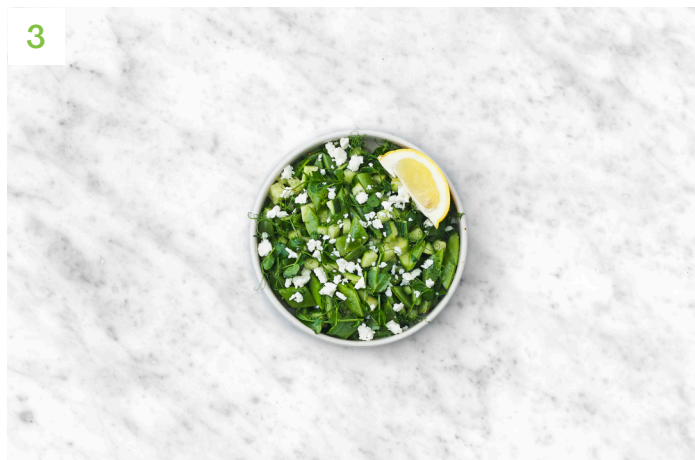
1



2



3



## Get Prepped

**a)** Zest and cut the **lemon** into wedges.

**b)** Cut the **sugar snap peas** diagonally into 1cm pieces.

**c)** Trim the **baby cucumber**, then halve lengthways. Cut lengthways into roughly 1cm wide strips, then cut into 1cm pieces widthways.

## Lemon Dressing Time

**a)** Squeeze the **juice** from **half** the **lemon wedges** into a small bowl.

**b)** Add the **lemon zest**, **honey** and **olive oil for the dressing** (see pantry for both amounts) to the bowl of **lemon juice**. Season with **pepper**, then stir to combine.

## Finish and Serve

**a)** Add the **pea shoots**, **sugar snap peas** and **baby cucumber** to a serving dish.

**b)** Drizzle over the **lemon dressing** and crumble over the **Greek style salad cheese**.

**c)** Gently toss to fully coat in the **dressing**.

**d)** Serve the remaining **lemon wedges** on the side for squeezing over.

**Enjoy!**