

Sticky Glazed Halloumi Souvlaki with Spiced Fries, Harissa Yoghurt Sauce and Baby Plum Tomato Salad



A Taste of Greece 35-40 Minutes • Medium Spice • 1 of your 5 a day • Veggie





Inspired by some of the world's most popular street food, this tasty Sticky Glazed Halloumi Souvlaki is perfect for a casual sharing-style vegetarian dinner. A popular Greek street food choice, the word souvlaki literally means 'meat on skewers'. However, this doesn't just extend to grilled meat - this vegetarian halloumi version combines indulgence, freshness and flavour all on one tasty flatbread.

Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep. Ingredients in red are hot!

Cooking tools

Baking tray, bowl, kitchen paper and frying pan.

Ingredients

Ingredients	2P	3P	4P	
Potatoes	450g	700g	900g	
Halloumi** 7)	225g	337g	450g	
Red Onion	1/2	3⁄4	1	
Red Wine Vinegar 14)	24ml	36ml	48ml	
Baby Plum Tomatoes	125g	190g	250g	
Baby Gem Lettuce**	1	11/2	2	
Harissa Paste 14)	50g	75g	100g	
Greek Style Natural Yoghurt** 7)	75g	120g	150g	
Greek Style Flatbreads 13)	2	3	4	
Red Pepper Chilli Jelly	25g	37g	50g	
Greek Style Salad Cheese** 7)	50g	100g	100g	
Pantry	2P	3P	4P	
Sugar for the Pickle*	1 tsp	1½ tsp	2 tsp	
Sugar for the Dressing*	½ tsp	¾ tsp	1 tsp	
Olive Oil for the Dressing*	1 tbsp	1½ tbsp	2 tbsp	
*Not Included **Store in the Fridge				

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Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	679g	100g
Energy (kJ/kcal)	4409/1054	649/155
Fat (g)	52.2	7.7
Sat. Fat (g)	24.6	3.6
Carbohydrate (g)	99.4	14.6
Sugars (g)	26.3	3.9
Protein (g)	45.9	6.8
Salt (g)	4.26	0.63

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, mollusc, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

Contact

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Eyes on the Fries

Preheat your oven to 220°C/200°C fan/gas mark 7.

Chop the **potatoes** lengthways into 1cm slices, then chop into 1cm wide fries (no need to peel).

Pop the **fries** onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat. Spread out in a single layer. TIP: *Use two baking trays if necessary.*

When the oven is hot, bake on the top shelf until golden, 25-30 mins. Turn halfway through.

Meanwhile, drain the **halloumi**, then cut it into 2cm chunks. Pop them into a small bowl of cold **water** and leave to soak.



Get Prepped

Meanwhile, halve, peel and slice the **red onion** (see ingredients for amount) as thinly as you can.

Pop it into a small bowl with **half** the **red wine vinegar** and the **sugar for the pickle** (see pantry for amount). Add a pinch of **salt**, mix together and set aside to pickle.

Halve the **tomatoes**. Trim the **baby gem**, separate the leaves, then tear into bite-sized pieces.



Mix the Harissa Sauce

Remove the **halloumi chunks** from the **cold water**, pop them onto a plate lined with kitchen paper and pat them dry.

Wipe out the (now empty) **halloumi** bowl and pop in the **harissa paste** (add less if you'd prefer things milder) and **yoghurt**. Stir to combine, then set aside.



Fry the Halloumi

Heat a drizzle of **oil** in a large frying pan on medium-high heat.

Once hot, add the **halloumi** and fry until golden, turning frequently, 4-5 mins.

Once golden, remove the pan from the heat and allow to cool slightly.



Dress the Salad

While the **halloumi** fries, pop the **flatbreads** into the oven until warm, 3-4 mins.

In a medium bowl, mix together the remaining **red wine vinegar** with the **sugar** and **olive oil for the dressing** (see pantry for both amounts). Season with **salt** and **pepper**.

Add the **tomatoes** and **half** the **baby gem** to the bowl of **dressing**. Crumble in the **Greek style cheese**. Toss to combine.



Stack up and Serve

When ready to serve, pop a **warm flatbread** onto each plate.

Spread over the **harissa yoghurt** and scatter over the remaining **lettuce**. Top with the **halloumi**, then drizzle over the **red pepper chilli jelly**. Finish with as much **pickled onion** as you'd like.

Serve your **halloumi souvlaki** with the **fries** and **tomato salad** on the side.

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Enjoy!
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