



Anushka's Creamy Dauphinoise Cottage Pie with Beef, Carrot and Italian Style Cheese

Chef's Pick 40-45 Minutes • 2 of your 5 a day

5



Carrot



Garlic Clove



Potatoes



Beef Mince



Tomato Passata



Red Wine Stock Paste



Creme Fraiche



Chicken Stock Paste



Grated Hard Italian Style Cheese

Pantry Items

Oil, Salt, Pepper, Sugar

Before you start

Our fruit and veg need a little wash before you use them!
Wash your hands before and after prep.

Cooking tools

Saucepan, garlic press, frying pan, colander and ovenproof dish.

Ingredients

Ingredients	2P	3P	4P
Carrot**	1	1½	2
Garlic Clove**	3	4	6
Potatoes	450g	700g	900g
Beef Mince**	240g	360g	480g
Tomato Passata	1 carton	1½ cartons	2 cartons
Red Wine Stock Paste 14	28g	42g	56g
Creme Fraiche** 7	150g	225g	300g
Chicken Stock Paste	10g	15g	20g
Grated Hard Italian Style Cheese** 7 8	20g	40g	40g

Pantry	2P	3P	4P
Sugar for the Sauce*	½ tsp	¾ tsp	1 tsp
Reserved Potato Water*	75ml	120ml	150ml

*Not Included **Store in the Fridge

Nutrition

Typical Values for uncooked ingredient	Per serving	Per 100g
Energy (kJ/kcal)	3382/808	548/131
Fat (g)	47.5	7.7
Sat. Fat (g)	25.3	4.1
Carbohydrate (g)	63.7	10.3
Sugars (g)	17.0	2.8
Protein (g)	39.1	6.3
Salt (g)	3.95	0.64

Nutrition for uncooked ingredients based on 2 person recipe.
Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk **8**) Egg **14**) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Get Prepped

Bring a large saucepan of **water** with ½ **tsp salt** to the boil for the **potatoes**.

Meanwhile, trim the **carrot**, then quarter lengthways (no need to peel). Chop widthways into small pieces.

Peel and grate the **garlic** (or use a garlic press).

Peel and slice the **potatoes** into 1cm thick rounds.



Make the Creamy Sauce

Once the **potatoes** are cooked, reserve some of the **potato water** (see pantry for amount), then carefully drain in a colander.

Wipe out the (now empty) saucepan and return to medium heat with a drizzle of **oil**. Add the remaining **garlic** and cook for 1 min.

Stir in the **creme fraiche**, **chicken stock paste** and **reserved potato water**. Bring to the boil, then remove from the heat. Season to taste with **salt** and **pepper**.



Fry the Beef and Carrot

Once boiling, add the **potato slices** to the **water** and simmer until tender, 10-12 mins.

Meanwhile, heat a drizzle of **oil** in a large frying pan on high heat.

Once hot, add the **beef mince** and **carrot**. Fry until browned, 5-6 mins. Use a spoon to break the **mince** up as it cooks, then drain and discard any excess fat.

Season with **salt** and **pepper**. **IMPORTANT:** Wash your hands and equipment after handling raw mince. It's cooked when no longer pink in the middle.



Make your Dauphinoise Pie

Once the **beef mixture** is ready, spoon it into an appropriately sized ovenproof dish.

Carefully lay the **cooked potato slices** in layers over the top, then pour over the **creamy sauce**. Sprinkle over the **hard Italian style cheese**.

Grill on the top shelf of your oven until golden, 6-7 mins. **TIP:** Put the dish onto a baking tray to catch any drips.



Simmer the Filling

Once browned, add **half** the **garlic** to the **beef** and cook for 1 min.

Stir in the **passata**, **red wine stock paste** and **sugar for the sauce** (see pantry for amount). Lower the heat and simmer until thickened, 4-5 mins.

Meanwhile, preheat your grill to high.



Serve

Once ready, share the **dauphinoise cottage pie** out between your plates and tuck in.

Enjoy!