



Bacon Penne all'Arrabbiata

with Chives and Garlic Ciabatta

Customer Favourites 30 Minutes • Little Spice • 1 of your 5 a day

37



Bell Pepper



Echalion Shallot



Bacon Lardons



Finely Chopped Tomatoes



Smoked Paprika



Chicken Stock Paste



Penne Pasta



Garlic Clove



Ciabatta



Grated Hard Italian Style Cheese



Chives



Chilli Flakes

Before you start

Our fruit and veggies need a little wash before you use them!

Cooking tools, you will need:

Saucepan, Baking Tray, Frying Pan, Wooden Spoon, Garlic Press, Colander, Bowl.

Ingredients

	2P	3P	4P
Bell Pepper***	1	2	2
Echalion Shallot**	1	1	2
Bacon Lardons**	90g	120g	180g
Finely Chopped Tomatoes	1 carton	1½ cartons	2 cartons
Smoked Paprika	1 sachet	1 sachet	2 sachets
Chicken Stock Paste	10g	15g	20g
Penne Pasta 13)	180g	270g	360g
Garlic Clove	1	2	2
Olive Oil*	2 tbsp	3 tbsp	3 tbsp
Ciabatta 11) 13)	1	2	2
Grated Hard Italian Style Cheese 7) 8) **	40g	65g	80g
Chives**	1 bunch	1 bunch	1 bunch
Chilli Flakes	1 pinch	1 pinch	2 pinch

*Not Included **Store in the Fridge ***Based on season, the colour of your bell pepper will either be yellow, red or orange to guarantee you get the best quality pepper.

Nutrition

	Per serving	Per 100g
for uncooked ingredient	522g	100g
Energy (kJ/kcal)	3422/818	655/157
Fat (g)	27	5
Sat. Fat (g)	9	2
Carbohydrate (g)	105	20
Sugars (g)	19	4
Protein (g)	35	7
Salt (g)	4.81	0.92

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 8) Egg 11) Soya 13) Gluten

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

Contact

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Roast the Pepper

Preheat your oven to 200°C and bring a large saucepan of **water** to the boil with ½ tsp of **salt**. Halve the **pepper**, remove the core and seeds, thinly slice. Place on a baking tray, drizzle with **oil** and season with **pepper**. Toss, spread out in a single layer, roast on the top shelf of your oven until soft and charred, 15 mins. We will add it to the **sauce** later. Meanwhile, halve, peel and thinly slice the **shallot**.



Garlic Bread Time

While the **pasta** cooks, peel and grate the **garlic** (or use a garlic press) and mix with the **olive oil** (see ingredients for amount). Halve the **ciabatta** lengthways (as if you were making a sandwich) and spoon or brush the **garlic oil** across the cut sides of the **ciabatta**. Sprinkle over **half the hard Italian style cheese** then pop on the baking tray you used for the **pepper**. Bake on the top shelf of your oven until golden, 6-8 mins.



Start the Sauce

Heat a splash of **oil** in a frying pan on medium-high heat. Fry the **bacon lardons** until crispy, 3-4 mins. **IMPORTANT:** *Wash your hands and equipment after handling raw meat. Cook the bacon lardons throughout.* Stir in the **shallot** and cook until soft, 3-4 mins, stirring regularly. Add the **chopped tomatoes, smoked paprika** and **stock paste**. Stir to combine, lower the heat and simmer gently until the **sauce** is nice and thick, 10-12 mins. **TIP:** *Add a splash of water if the sauce looks a little dry.* Add the **roasted pepper** to the **sauce** once it's ready.



Finish the Sauce

Meanwhile, roughly chop the **chives** (or use scissors if that's easier). When the **pasta** is cooked, drain it in a colander and stir it into your thickened **tomato sauce**. Stir in **half the chives** and **half the hard Italian style cheese** (and another splash of **water** if you want it to be a bit saucier).



Cook the Pasta

Meanwhile, add the **penne** to your pan of boiling **water** and cook until tender, 12 mins.



Serve

Serve in bowls and sprinkle over the remaining **chives**. Add a small pinch of **chilli flakes** if you like a bit of heat (but be careful, they're hot!). Slice the **garlic ciabatta** diagonally into triangles and serve alongside.

Enjoy!

There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information.

Missing Ingredients: You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.