

# Caramelised Red Onion Venison Burger

with Maple Bacon and Cheesy Truffle Wedges













Rosemary





Cheddar Cheese



Baby Gem Lettuce



Panko Breadcrumbs





Streaky Bacon



Maple Syrup



Red Wine Vinegar





Truffle Zest



# Before you start

Our fruit and veggies need a little wash before you

# Cooking tools, you will need:

Baking Tray, Grater, Bowl, Frying Pan with Lid.

# Ingredients

	2P	3P	4P	
Potatoes**	450g	700g	900g	
Red Onion	1	1	2	
Rosemary	½ bunch	1 bunc)	1 bunch	
Grated Hard Italian Style Cheese <b>7) 8)</b> **	40g	65g	80g	
Cheddar Cheese 7)**	30g	45g	60g	
Baby Gem Lettuce**	1	2	2	
Panko Breadcrumbs 13)	10g	15g	20g	
Water for the Breadcrumbs*	2 tbsps	3 tbsps	4 tbsps	
Venison Mince**	200g	300g	400g	
Streaky Bacon**	4 rashers	6 rashers	8 rashers	
Maple Syrup	1 sachet	2 sachets	2 sachets	
Red Wine Vinegar 14)	1 sachet	1 sachet	2 sachets	
Sugar*	1 tsp	1½ tsps	2 tsps	
Seeded Burger Bun 8) 11) 13)	2	3	4	
Truffle Zest	1 sachet	2 sachets	2 sachets	
*Not Included **Store in the Fridge				

## **Nutrition**

	Per serving	Per 100g
for uncooked ingredient	547g	100g
Energy (kJ/kcal)	3024 / 723	553/132
Fat (g)	22	4
Sat. Fat (g)	10	2
Carbohydrate (g)	73	13
Sugars (g)	11	2
Protein (g)	60	11
Salt (g)	2.22	0.41

Nutrition for uncooked ingredients based on 2 person recipe.

# **Allergens**

7) Milk 8) Egg 11) Soya 13) Gluten 14) Sulphites

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

#### Contact

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# Prep the Wedges

Preheat your oven to 200°C. Chop the **potatoes** into 2cm wide **wedges** (no need to peel). Halve, peel and slice the **red onion** as thinly as you can. Pick the **rosemary leaves** from their stalks and roughly chop (discard the stalks). Pop the **wedges** on a low-sided, wide baking tray. Drizzle with **oil**, **rosemary** and **hard Italian style cheese**, then season with **salt** and **pepper**. Toss to coat, then spread out in a single layer. Once your oven is hot, roast on the top shelf of your oven until golden, 25-30 mins. Turn halfway through cooking. **TIP**: Use two baking trays if necessary, you want the potatoes nicely spread out.



# Make the Burgers

Meanwhile, grate the **Cheddar**. Trim the root from the **baby gem lettuce** then separate the leaves. Pop to one side for later. Put the **breadcrumbs** and **water** (see ingredients for amount) into a large bowl. Season with **salt** and **pepper**, mix, then add the **venison mince**. Mix with your hands until combined, then shape into **burgers** about 2cm thick, 1 per person. **IMPORTANT**: Wash your hands after handling raw meat.



# Maple Bacon

Heat a drizzle of **oil** in a frying pan on high heat. Once hot, add the **bacon** and fry until golden on either side, 3 mins. Drizzle with the **maple syrup** and remove from the heat. Turn the **bacon** to coat it in the **maple syrup**, then remove to a plate and set aside for later.



# Caramelise the Onions

Put your frying bak on a medium heat with a drizzle of **oil**. When hot, add the **red onions** and fry, stirring occasionally until softened, 3-4 mins. Add the **red wine vinegar** and **sugar** (see ingredients for amount), reduce the heat and cook until soft and sticky, 2-3 mins.



# Cook the Burgers

Meanwhile, heat a drizzle of oil in a frying pan on medium-high heat. Once hot, add the burgers and fry until browned on the outside and cooked through, 12-14 mins in total. Carefully turn them every 4 mins and lower the heat if they are burning. IMPORTANT: The burgers are cooked when they are no longer pink in the middle. When the burgers are cooked, remove the pan from the heat. Carefully place the Cheddar cheese on top of the burgers. Pop a lid on the pan (or wrap tightly in foil) then set aside, off the heat, for 3-4 mins for the cheese to melt. Meanwhile, halve the burger buns and pop them in the oven for the last 3 mins of the potato cook time.



# Serve Up

On the base of the **burger bun**, spread a layer of **caramelised onion**, top with the **burger**, two slices of **maple bacon** each and a **leaf** of **baby gem**. Close the lid. Serve the **wedges** alongside and sprinkle over the **truffle zest**. Finish with a portion of **baby gem** drizzled with **olive oil** and a crack of **black pepper**.

# Enjoy!