

Chipotle Pork Tacos and Wedges



with Charred Sweetcorn Salsa and Cheese

Classic 30-35 Minutes • Medium Spice • 2 of your 5 a day



Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Baking tray, sieve, garlic press, grater, fine grater and bowl.

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Ingredients	2P	3P	4P
Potatoes	450g	700g	900g
Sweetcorn	150g	225g	326g
Garlic Clove**	1	1	2
Mature Cheddar Cheese** 7)	30g	40g	60g
Pork Mince**	240g	360g	480g
Medium Tomato	1	2	2
Lime**	1/2	1	1
Tomato Puree	30g	60g	60g
Chipotle Paste	20g	30g	40g
Chicken Stock Paste	10g	15g	20g
Plain Taco Tortilla 13)	4	6	8
Pantry	2P	3P	4P
Water for the Pork*	75ml	100ml	150ml

*Not Included **Store in the Fridge

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	602g	100g
Energy (kJ/kcal)	3620 /865	601/144
Fat (g)	38.6	6.4
Sat. Fat (g)	14.2	2.4
Carbohydrate (g)	92.0	15.3
Sugars (g)	14.0	2.3
Protein (g)	40.8	6.8
Salt (g)	2.83	0.47

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Cook the Wedges

Spice Things Up

milder), cook for 1 min more.

pink in the middle.

Preheat your oven to 220°C/200°C fan/gas mark 7. Chop the **potatoes** into 2cm wide wedges (no need

to peel). Pop onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat.

Spread out in a single layer. **TIP**: Use two baking trays if necessary.

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.

Once the **mince** has browned, drain and discard

any excess fat, then stir in the garlic, tomato puree

and **chipotle paste** (add less if you'd prefer things

IMPORTANT: The mince is cooked when no longer

Add the water for the pork (see pantry for

amount) and chicken stock paste, stirring

to combine. Cook until thickened, 2-3 mins.



Char the Sweetcorn

Meanwhile, drain the **sweetcorn** in a sieve. Heat a large frying pan on high heat (no oil).

Once hot, add the **sweetcorn** and cook until charred, 5-6 mins. Adjust the heat if necessary. Stir only twice during this time - you want the **sweetcorn** to pick up some nice colour.

While the **corn** chars, peel and grate the **garlic** (or use a garlic press). Grate the **cheese**.

Once charred, transfer the **corn** to a medium bowl.



Warm the Tortillas

Meanwhile, pop the **tortillas** (2 per person) onto a baking tray and into the oven to warm through, 1-2 mins.

Once the **sauce** has thickened, remove from the heat, taste and season with **salt** and **pepper** if needed.



Bring on the Pork

Pop the (now empty) pan back on medium-high heat (no oil).

Add the **pork mince** and fry until browned, 5-6 mins. Use a spoon to break it up as it cooks. **IMPORTANT:** *Wash your hands and equipment after handling raw mince.*

Meanwhile, chop the **tomato** into 1cm pieces. Zest and halve the **lime**. Add the **tomatoes** and **zest** to bowl of **corn**. Squeeze in some **lime juice** and add a drizzle of **oil**, then season with **salt** and **pepper**. Mix, then set aside your **sweetcorn salsa**.



Assemble your Tacos

Lay the **tortillas** on your plates and top with the **chipotle pork** - as much as you'd like.

Spoon over the **charred sweetcorn salsa**, then sprinkle with the **cheese** to finish.

Serve with the **wedges** alongside. **TIP**: *Tacos are best enjoyed eaten by hand - get stuck in!*

Enjoy!