



Garlic Portobello Mushroom Naanizza

with Pesto and Rocket & Tomato Salad

17

Rapid 20 Minutes • 2 of your 5 a day • Veggie • Eat Me Early



Portobello Mushroom



Garlic Clove



Mozzarella



Medium Tomato



Fresh Pesto



Plain Naan Breads



Rocket



Balsamic Glaze

Recipe Update

Due to quality issues with **baby plum tomatoes**, you'll instead receive **medium tomatoes**. As such, the recipe photos are slightly different to what your dish will look like. Don't worry, we've updated the instructions so it'll still be just as delicious!

Pantry Items

Oil, Salt, Pepper, Olive Oil

Before you start

Our fruit and veg need a little wash before you use them!
Wash your hands before and after prep.

Cooking tools

Garlic press, frying pan, kitchen paper, bowl and baking tray.

Ingredients

Ingredients	2P	3P	4P
Portobello Mushroom**	2	3	4
Garlic Clove**	1	2	2
Mozzarella** 7)	1 ball	2 balls	2 balls
Medium Tomato	2	3	4
Fresh Pesto** 7)	50g	75g	100g
Plain Naan Breads 7) 13)	2	3	4
Rocket**	20g	40g	40g
Balsamic Glaze 14)	12ml	18ml	24ml

Pantry	2P	3P	4P
Olive Oil for the Pesto*	1 tbsp	1½ tbsp	2 tbsp

*Not Included **Store in the Fridge

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	414g	100g
Energy (kJ/kcal)	2874 /687	694 /166
Fat (g)	32.3	7.8
Sat. Fat (g)	9.2	2.2
Carbohydrate (g)	73.0	17.6
Sugars (g)	10.2	2.5
Protein (g)	21.9	5.3
Salt (g)	1.83	0.44

Nutrition for uncooked ingredients based on 2 person recipe.
Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Fry the Mushrooms

- Preheat your oven to 240°C/220°C fan/gas mark 9.
- Thinly slice the **portobello mushrooms**. Peel and grate the **garlic** (or use a garlic press).
- Heat a drizzle of **oil** in a large frying pan on high heat. Once hot, add the **mushrooms** and season with **salt** and **pepper**. Cook, stirring often, until browned, 6-8 mins.
- Once the **mushrooms** are cooked, stir in the **garlic** and fry for 1 min.



Ready, Steady, Bake

- When the oven is hot, bake the **naanizzas** on the top shelf until the **cheese** is melted and bubbling and the **base** is crisp, 6-8 mins.



Get Prepped

- While the **mushrooms** cook, drain the **mozzarella** and pat dry with kitchen paper, making sure you squeeze out as much liquid as possible. Tear into pieces.
- Cut the **tomatoes** into 1cm pieces.
- In a small bowl, combine the **pesto** and **olive oil for the pesto** (see pantry for amount), then set aside.



Bring on the Salad

- Meanwhile, pop the **rocket** and **tomatoes** into a bowl.
- Season with **salt** and **pepper**, mix together, then set aside.



Build the Naanizzas

- Pop the **naans** onto a large baking tray.
- Spread the **pesto sauce** evenly all over the top of each **naan**, leaving a 1cm border around the edge.
- Lay the **garlic mushrooms** onto the **naanizzas** and scatter over the **mozzarella**.



Serve

- When ready, serve the **naanizzas** topped with a handful of **salad** and a drizzle of the **balsamic glaze**.
- Serve the remaining **salad** alongside drizzled with the remaining **balsamic glaze**.

Enjoy!