

# Halloumi Burger with Roasted Pepper and Sweet Chilli Sauce

Classic 35 Minutes • 1 of your 5 a day







Bell Pepper





Halloumi





Iceberg Lettuce

Mayonnaise



Sweet Chilli Sauce



Carrot





#### **CUSTOM RECIPE**

This is a Custom Recipe. If you chose to swap, upgrade or double up on protein, then just follow the instructions on the back of this card.

#### Before you start

Our fruit and veggies need a little wash before you use them!

### Cooking tools, you will need:

Baking Tray, Grater, Bowl, Frying Pan.

#### Ingredients

	2P	3P	4P	
Potato**	450g	700g	900g	
Bell Pepper***	1	11/2	2	
Halloumi 7)**	250g	375g	500g	
Iceberg Lettuce**	1	1	2	
Carrot **	1	1	2	
Mayonnaise 8) 9)	2 sachets	3 sachets	4 sachets	
Burger Bun 8) 11) 13)	2	3	4	
Sweet Chilli Sauce	1 sachet	1⅓ sachets	2 sachets	
Streaky Bacon**	4 rashers	6 rashers	8 rashers	
*Not Included **Store in the Fridge ***Based on season, the colour of your bell pepper will either be yellow, red or orange to guarantee you get the best quality pepper.				

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredient	658g	100g
Energy (kJ/kcal)	3939 /941	599/143
Fat (g)	42	6
Sat. Fat (g)	20	3
Carbohydrate (g)	103	16
Sugars (g)	23	4
Protein (g)	41	6
Salt (g)	3.94	0.60
Juli (8)	3.34	0.00
Custom Recipe	Per serving	Per 100g
107		
Custom Recipe	Per serving	Per 100g
Custom Recipe for uncooked ingredient	Per serving 688g	Per 100g 100g
Custom Recipe for uncooked ingredient Energy (kJ/kcal)	Per serving 688g 4297 /1027	Per 100g 100g 625/149
Custom Recipe for uncooked ingredient Energy (kJ/kcal) Fat (g)	Per serving 688g 4297 /1027 48	Per 100g 100g 625/149 7
Custom Recipe for uncooked ingredient Energy (kJ/kcal) Fat (g) Sat. Fat (g)	Per serving 688g 4297 /1027 48 23	Per 100g 100g 625/149 7 3
Custom Recipe for uncooked ingredient Energy (kJ/kcal) Fat (g) Sat. Fat (g) Carbohydrate (g)	Per serving 688g 4297 /1027 48 23 103	Per 100g 100g 625 /149 7 3 15

Nutrition for uncooked ingredients based on 2 person recipe.

#### **Allergens**

7) Milk 8) Egg 9) Mustard 11) Soya 13) Gluten

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

#### Contact

#### Thumbs up or thumbs down?

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#### HelloFresh UK

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#### Roast the Wedges

Preheat your oven to 200°C. Chop the **potatoes** into 2cm wide **wedges** (no need to peel). Pop the **wedges** on a large baking tray. Drizzle with **oil**, then season with **salt** and **pepper**. Toss to coat, then spread out in a single layer and roast on the top shelf of your oven until golden, 25-30 mins, turning halfway through cooking. Tip: Use two baking trays if necessary, you want the potatoes nicely spread out.



#### Prep

Halve the **peppers** lengthways and remove the core and seeds. Slice the **halloumi** into 2 slices per person. Thinly slice the **lettuce**. Trim, peel and coarsely grate the **carrot**. Pop the **lettuce** and **carrot** in a bowl and set aside.



#### Roast the Pepper

When the **potatoes** have 20 mins left, lay the **pepper** halves, cut side down, on another tray. Drizzle over a little **oil**, season with **salt** and **pepper** and roast in your oven for the remainder of the **potato** cooking time. TIP: The peppers should go soft and slightly charred at the edges.



#### Fry the Halloumi

When the **potatoes** have 10 mins left, heat a drizzle of **oil** in a large frying pan on medium-high heat. When hot, lay in the **halloumi** slices and fry until golden brown, 3-4 mins on each side. Meanwhile, stir **half** the **mayonnaise** into the **lettuce** and **carrot** and season with a good pinch of **salt** and **pepper**. Cut the **burger buns** in half.



#### Finish Up

When the **potatoes** and **peppers** have 2-3 mins left, pop the **buns** into the oven to warm through and toast slightly. Remove the **halloumi** pan from the heat and drizzle in **half** the **sweet chilli sauce**. Carefully turn the **halloumi** slices to coat them in the **chilli sauce**.



#### Serve

To assemble the **burgers**, spread a little of the remaining **mayo** on the base of each **bun**. Top with a slice of **halloumi**, the roasted **pepper** and another slice of **halloumi**. Drizzle with the remaining **sweet chilli sauce** then pop the **bun** lid on top. Serve with **wedges** and **salad** alongside.

# Enjoy!

#### CUSTOM RECIPE

If you've chosen to add **bacon** to your **halloumi burger**, lay a **rasher** on top of each **halloumi** slice when you assemble it.

#### There may be changes to ingredients in recipes:

**Allergens:** Always check the packaging of individual products/ingredients for up to date information. **Missing Ingredients:** 

You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.

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#### CUSTOM RECIPE

If you've chosen to add **bacon** to your **halloumi burger**, 15 mins before the **potatoes** are cooked, heat a drizzle of oil in a large frying pan on medium-high heat, lay in the **bacon rashers** and fry them until crispy, 2-3 mins each side. Transfer to a plate covered in kitchen roll, then cook the **halloumi** in the same pan as instructed in the step above.

