

# Halloumi Tray Bake

with Mediterranean Roasted Vegetables and Pesto Drizzle

Classic 50 Minutes · Little Spice · 2 of your 5 a day · Veggie















Courgette



**Red Onion** 





Halloumi

Garlic



Dried Oregano



Green Pesto

## Before you start

Our fruit and veggies need a little wash before you use them!

# Cooking tools, you will need:

Chopping Boards, Baking Trays and Small Bowl.

## Ingredients

	2P	3P	4P
Potato	450g	700g	900g
Bell Pepper***	1	2	2
Courgette	1	1	2
Red Onion	1	2	2
Garlic	1	2	2
Halloumi <b>7)</b>	250g	375g	500g
Dried Oregano	1 sachet	1 sachet	2 sachets
Green Pesto 7)	1 sachet	2 sachets	2 sachets
Olive Oil for the Pesto Drizzle*	1 tbsp	1½tbsp	2 tbsp

\*Not Included \*\*Store in the Fridge \*\*\*Based on season, the colour of your bell pepper will either be yellow, red or orange to guarantee you get the best quality pepper.

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredient	637g	100g
Energy (kJ/kcal)	2966 /709	466 /111
Fat (g)	36	6
Sat. Fat (g)	20	3
Carbohydrate (g)	58	9
Sugars (g)	16	3
Protein (g)	38	6
Salt (g)	3.08	0.48

Nutrition for uncooked ingredients based on 2 person recipe.

## **Allergens**

**7)** Milk

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

## Contact

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# **Get Prepped**

Preheat your oven to 200°C. Chop the **potatoes** into 2cm chunks (no need to peel). Halve the **pepper** and discard the core and seeds. Chop into roughly 3cm pieces. Trim the **courgette** then halve lengthways, then slice widthways into 2cm wide slices. Halve and peel the **red onion**. Slice each half into **4 wedges**. Peel and thinly slice the **garlic**. Drain the **halloumi** and slice widthways into **3 pieces** per person.



#### Roast the Potatoes!

Pop the **potatoes** onto a large roasting in a single layer. Drizzle with **oil** and sprinkle over the **oregano**, then season with **salt** and **pepper**. Toss to coat in the **oil**, then roast on the top shelf of your oven until golden, 30-35 mins.



# Roast the Veg

Meanwhile, pop the **pepper**, **onion**, **courgette** and **garlic clove** on another baking tray, drizzle with **oil** and season with **salt** and **pepper**. Give everything a good toss to coat in the **oil**. Lay the **halloumi** slices on top of the **veg**.



#### Roast!

Roast the **veg** and **halloumi** on the middle shelf of your oven until the **veg** is soft and the **halloumi** is golden around the edges, 25-30 mins.



## Finish Off

While everything is roasting, pop the **green pesto** into a small bowl and add the **olive oil** (see ingredient list for amount). Mix it together - it should be a drizzling consistency. Now, do some washing up and get ready to serve!



#### Time to Eat

Once the **potatoes**, **veggies** and the **halloumi** are nicely coloured, share between your plates (keeping the halloumi on top for nice presentation). Spoon the **pesto drizzle** all over and dig in.

## Enjoy!

### There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information.

**Missing Ingredients:** You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.

