

# Herby Burgers and Wedges with Chimichurri Tomato Salad

37

Customer Favourites 40-45 Minutes • Mild Spice



## Before you start

Our fruit and veggies need a little wash before you use them! Wash your hands before and after prep.

## Cooking tools

Baking tray, garlic press, bowl and frying pan. Ingredients

	2P	3P	4P	
Potatoes**	450g	700g	900g	
Flat Leaf Parsley**	1 bunch	1 bunch	1 bunch	
Red Chilli**	1	1	2	
Garlic Clove**	1	1	2	
Dried Oregano	1 sachet	1 sachet	2 sachets	
Panko Breadcrumbs 13)	10g	25g	25g	
Water for the Breadcrumbs*	2 tbsp	3 tbsp	4 tbsp	
Salt for the Burgers**	1⁄4 tsp	½ tsp	½ tsp	
Beef Mince**	240g	360g	480g	
Baby Plum Tomatoes	125g	190g	250g	
Red Wine Vinegar 14)	1 sachet	1 sachet	2 sachets	
Olive Oil for the Dressing*	2 tbsp	3 tbsp	4 tbsp	
Glazed Burger Bun 13)	2	3	4	
Mayonnaise*	3 tbsp	4 tbsp	6 tbsp	
*Not Included **Store in the Fridge				

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### Nutrition

	Per serving	Per 100g
for uncooked ingredient	531g	100g
Energy (kJ/kcal)	3575 /854	674/161
Fat (g)	44.9	8.5
Sat. Fat (g)	10.9	2.1
Carbohydrate (g)	78.2	14.7
Sugars (g)	9.5	1.8
Protein (g)	35.9	6.8
Salt (g)	1.80	0.34

Nutrition for uncooked ingredients based on 2 person recipe.

## Allergens

13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

## Contact

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#### HelloFresh UK

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## **Roast the Wedges**

Preheat your oven to 200°C.

Chop the potatoes into 2cm wide wedges (no need to peel). Pop the **wedges** onto a large baking tray. Drizzle with oil, season with salt and pepper, then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary.

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.



**Get Prepped** Meanwhile, finely chop the **parsley** (stalks and all).

Halve the chilli lengthways, deseed and finely chop.

Peel and grate the **garlic** (or use a garlic press).



## Make the Burgers

Put the garlic, oregano, half the parsley and half the chilli into a large bowl. Add the breadcrumbs and water for the breadcrumbs (see ingredients for amount). Season with pepper and salt for the burgers (see ingredients for amount), mix, then add the **beef mince**.

Mix with your hands until combined, then shape into 2cm thick **burgers** (1 per person). **IMPORTANT:** Wash your hands and equipment after handling raw mince.



## **Fry Time**

Heat a drizzle of **oil** in a frying pan on medium-high heat.

Once hot, add the **burgers** and fry until browned on the outside and cooked through, 12-14 mins total.

Carefully turn them every 4 mins and lower the heat if needed. IMPORTANT: The burgers are cooked when no longer pink in the middle.



## Mix the Chimiurri Salad

While the **burgers** cook, halve the **tomatoes** and pop them into a bowl.

Add the remaining parsley and chilli along with the red wine vinegar and olive oil for the dressing (see ingredients for amount). Season with salt and pepper and mix together.

Halve the **burger buns**. Just before the **wedges** are cooked, put the **buns** in your oven to warm through for 2-3 mins.



## **Finish and Serve**

When everything is ready, spread some mayonnaise (see ingredients for amount) on the base of each bun.

Add the **burger**, then top with the **bun lid**.

Serve with the potato wedges and chimichurri tomato salad alongside.

Enjoy!