



# Honey Lime Glazed Halloumi Burger with Peri Peri Wedges and Avocado Salsa

22

Classic 35-40 Minutes • Medium Spice • 2 of your 5 a day • Veggie



Potatoes



Peri Peri Seasoning



Medium Tomato



Halloumi



Garlic Clove



Lime



Spring Onion



Avocado



Honey



Glazed Burger Bun



Mayonnaise

**Pantry Items**

Oil, Salt, Pepper, Olive Oil

## Before you start

Our fruit and veg need a little wash before you use them!  
Wash your hands before and after prep.

## Cooking tools

Baking tray, bowl, aluminium foil, kitchen paper, frying pan and kitchen scissors.

## Ingredients

Ingredients	2P	3P	4P
Potatoes	450g	700g	900g
Peri Peri Seasoning	1 pot	1 pot	2 pots
Medium Tomato	1	2	2
Halloumi** 7)	250g	375g	500g
Garlic Clove**	1	2	2
Lime**	1	1	1
Spring Onion**	1	2	2
Avocado	1	2	2
Honey	15g	22g	30g
Glazed Burger Bun 13)	2	3	4
Mayonnaise 8) 9)	32g	64g	64g

Pantry	2P	3P	4P
Olive Oil for the Salsa*	1 tbsp	1½ tbsp	2 tbsp

\*Not Included \*\*Store in the Fridge

## Nutrition

Typical Values	Per serving	Per 100g
<b>for uncooked ingredient</b>	<b>621g</b>	<b>100g</b>
Energy (kJ/kcal)	4278 /1022	689 /165
Fat (g)	56.7	9.1
Sat. Fat (g)	22.7	3.7
Carbohydrate (g)	91.1	14.7
Sugars (g)	19.8	3.2
Protein (g)	41.7	6.7
Salt (g)	4.32	0.70

Nutrition for uncooked ingredients based on 2 person recipe.  
Reference Intake of an average adult (8400kJ/2000kcal).

## Allergens

7) Milk 8) Egg 9) Mustard 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

## Contact

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## Roast the Wedges

Preheat your oven to 220°C/200°C fan/gas mark 7.

Chop the **potatoes** into 2cm wide wedges (no need to peel). Pop them onto a large baking tray. Drizzle with **oil**, season with **salt, pepper** and the **peri peri seasoning** (use less if you'd prefer things milder), then toss to coat.

Spread out in a single layer. **TIP:** Use two baking trays if necessary.

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.



## Fry and Glaze the Halloumi

When the **potatoes** have 10 mins left, remove the **halloumi slices** from the **cold water**, pop them onto a plate lined with kitchen paper and pat them dry.

Heat a drizzle of **oil** in a large frying pan on medium-high heat.

Once hot, lay in the **halloumi** and fry until golden brown, 2-3 mins on each side.

Remove from the heat and allow to cool slightly, 1-2 mins, then squeeze in the remaining **lime juice** and **honey**. **TIP:** If your honey has hardened, pop it in a bowl of hot water for 1 min. Turn to glaze the **halloumi**.



## Prep Time

Meanwhile, slice the **tomato** into 2-3 slices per person.

Drain the **halloumi**, then cut into 3 slices per person. Place them into a small bowl of **cold water** and leave to soak.

Pop the **garlic** (unpeeled) into a small piece of foil with a drizzle of **oil** and scrunch to enclose it. Add the **parcel** to the **wedges'** baking tray to roast until soft, 10-12 mins.



## Finishing Touches

When the **wedges** are nearly ready, halve the **burger buns**. Pop them onto a baking tray and into the oven to warm, 2-3 mins.

Once the **garlic** has roasted and cooled, cut the end with scissors, squeeze it out of the skin and mash with a fork.

Dry the (now empty) **halloumi** bowl, then pop in the **roasted garlic** and **mayo**. Mix to combine.



## Make your Avocado Salsa

Halve the **lime**. Trim and thinly slice the **spring onion**.

Halve the **avocado** and remove the stone. Use a tablespoon to scoop the flesh out onto a board, then cut into 1cm chunks.

Pop the **avocado** and **spring onion** into a small bowl. Squeeze in **half the lime juice** and season with **salt** and **pepper**, then stir in the **olive oil for the salsa** (see pantry for amount). Set your **salsa** aside.



## Assemble and Serve

When everything's ready, pop the **buns** on your plates.

Spread the **bases** with the **garlic mayo**, then top with the **glazed halloumi** and **tomato slices**. Drizzle over any remaining **honey glaze** from the pan and top with the **bun lids**.

Serve your **burgers** with the **peri peri wedges** and **avocado salsa** alongside.

Enjoy!