

# **MOROCCAN PORK SAUSAGE TAGINE**

with Dried Apricots and Chickpeas over Couscous



## **HELLO**

### **TAGINE**

A quick-cooking stew with major slow-cooked flavor.





Shallot

00 Garlic















Sour Cream (Contains: Milk)







Turkish Spice

38.17 MOROCCAN PORK SAUSAGE TAGINE\_NJ.indd 1 8/28/19 2:32 PM

PREP: 10 MIN TOTAL: 35 MIN CALORIES: 1130





Roma Tomato



Cilantro

Pork Sausage

Blend

#### **START STRONG**

Here's the lowdown on the knife techniques you'll use in this recipe: To mince is to cut an item into the finest pieces you can. To dice is to make cubes. To slice means long, thin cuts. And to chop is to repeatedly cut into smaller pieces.

#### **BUST OUT**

- Peeler
- Kosher salt
- Strainer
- Black pepper
- Small pot
- Large pan
- 2 Small bowls
- Vegetable oil (4 tsp | 4 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

#### **INGREDIENTS**

Ingredient 2-person | 4-person

Shallot 1 | 2
 Garlic 2 Cloves | 4 Cloves
 Carrots 6 oz | 12 oz
 Roma Tomato 1 | 2
 Dried Apricots 1 oz | 2 oz
 Cilantro 1/4 oz | 1/2 oz

Cilantro
 ¼ oz | ½ oz
 Chickpeas
 13.4 oz | 26.8 oz

Lemon 1 | 2
Sweet Italian Pork Sausage\* 9 oz | 18 oz

Chicken Stock Concentrates
 Couscous
 2 | 4
 Cup | 1 Cup

Turkish Spice Blend
Sour Cream
TBSP | 2 TBSP | 4 TBSP | 4

Hot Sauce

2 TBSP | 4 TBSP 1 tsp | 2 tsp

\* Pork Sausage is fully cooked when internal temperature reaches 160 degrees.

#### **WINE CLUB**

Pair this meal with a HelloFresh Wine matching this icon.



HelloFresh.com/Wi





Wash and dry all produce. Halve, peel, and mince shallot. Mince or grate garlic. Peel carrots, then thinly slice on a diagonal. Dice tomato. Roughly chop apricots, if necessary. Finely chop cilantro leaves and stems. Drain and rinse chickpeas. Quarter lemon. Remove sausage from casings; discard casings.



Heat a large drizzle of oil in same pan over medium-high heat. Add carrots. Cook, stirring, until softened and lightly browned, 5-6 minutes. Add a large pinch of salt and remaining shallot, garlic, and Turkish Spice. Cook, stirring, until fragrant, 1-2 minutes. Meanwhile, in a small bowl, combine 1/3 cup water (2/3 cup for 4 servings) and remaining stock concentrates.



2 COOK COUSCOUS
Heat a drizzle of oil in a small
pot over medium-high heat. Add half
the shallot and half the garlic. Cook,
stirring, until just softened, 1-3 minutes.
Stir in ¾ cup water (1½ cups for 4
servings), half the stock concentrates,
and a pinch of salt. Bring to a boil, then
add couscous. Cover, remove from heat,
and set aside.



# SIMMER TAGINE AND MAKE CREMA

Pour stock mixture into pan with veggies. Stir in sausage, chickpeas, and tomato. Bring to a low simmer, then cover pan. (TIP: If your pan doesn't have a lid, use a piece of aluminum foil to cover.) Cook until liquid is slightly reduced, 2-3 minutes. Meanwhile, in a second small bowl, combine sour cream, hot sauce to taste, and a pinch of salt. Add water 1 tsp at a time until mixture reaches a drizzling consistency.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com



COOK SAUSAGE
Heat a drizzle of oil in a large pan over medium-high heat. Add sausage and half the Turkish Spice. Cook, breaking up meat into pieces, until browned and cooked through, 5-7 minutes. Remove from pan and set aside.



FINISH AND SERVE
Fluff couscous with a fork; stir in 1
TBSP butter (2 TBSP for 4 servings), half the cilantro, and a squeeze of lemon juice to taste. Season with salt and pepper. Divide between plates and top with tagine. Drizzle with crema, then garnish with apricots and remaining cilantro. Serve with remaining lemon wedges on the side.

# **CRUNCH TIME**

Try adding some chopped, toasted pistachios or almonds to your finished dish.

K 38 N I-17