

# Mozzarella, Roasted Pepper and Pesto Panini with Herby Fries and Balsamic Rocket



Classic 35-40 Minutes • Veggie













Ciabatta

Mixed Herbs





Mozzarella

Fresh Pesto



Mature Cheddar



Rocket

Cheese



Balsamic Glaze

## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

## **Cooking tools**

Baking tray, kitchen paper, grater and frying pan.

#### Ingredients

Ingredients	2P	3P	4P	
Bell Pepper***	1	1.5	2	
Potatoes	450g	700g	900g	
Mixed Herbs	1 sachet	2 sachets	2 sachets	
Ciabatta 13)	2	3	4	
Fresh Pesto** 7)	50g	82g	100g	
Mozzarella** <b>7)</b>	1 ball	1½ balls	2 balls	
Mature Cheddar Cheese** <b>7</b> )	30g	45g	60g	
Rocket**	20g	40g	40g	
Balsamic Glaze <b>14)</b>	12ml	18ml	24ml	

\*Not Included \*\*Store in the Fridge \*\*\*Based on season, the colour of your bell pepper will either be green, yellow, red or orange to guarantee you get the best quality pepper.

#### **Nutrition**

Tupical Values	Per serving	Per 100g
for uncooked ingredient	488g	100g
Energy (kJ/kcal)	2862 /684	586/140
Fat (g)	27.3	5.6
Sat. Fat (g)	11.4	2.3
Carbohydrate (g)	89.3	18.3
Sugars (g)	9.5	1.9
Protein (g)	24.4	5.0
Salt (g)	2.36	0.48

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

## **Allergens**

7) Milk 13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

#### Contact

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HelloFresh UK
Packed in the UK

The Fresh Farm 60 Worship St, London EC2A 2EZ







# Roast the Pepper

Preheat your oven to 220°C/200°C fan/gas mark 7. Halve the **bell pepper** lengthways and discard the core and seeds. Lay the **pepper halves**, cut-side down, onto a small baking tray. Drizzle with **oil**, then season with **salt** and **pepper**.

When the oven is hot, roast on the middle shelf until soft and slightly charred, 18-20 mins. Turn halfway through.



# Eyes on the Fries

Meanwhile, chop the **potatoes** lengthways into 1cm slices, then chop into 1cm wide fries (no need to peel).

Pop the **fries** onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then sprinkle over the **mixed herbs**. Toss to coat, then spread out in a single layer. TIP: *Use two baking trays if necessary.* 

Bake your **herby fries** on the top shelf until golden, 30-35 mins. Turn halfway through.



### **Pesto and Cheese Time**

While everything roasts, halve the **ciabattas**. Spread each cut side evenly with **pesto**.

Drain the **mozzarella** and pat it dry with kitchen paper, making sure you squeeze out as much liquid as possible. Tear it into pieces.

Grate the Cheddar.

Lay your **mozzarella** on the **base** of each **ciabatta** followed by the **grated Cheddar**. Season well with **pepper**.



# **Build the Panini**

Once cooked, place a **roasted pepper half** on top of each **cheesy ciabatta base**.

Sandwich shut with the **ciabatta lids** and firmly press all the ingredients inside.



# **Get Toasting**

Heat a drizzle of **oil** in a large frying pan on medium-high heat.

Once hot, add the **panini**, pressing down with a spatula or heavy-bottomed pan.

Cook, pressing occasionally, until the **bread** is golden and toasted and the **cheese** has melted, 2-4 mins per side.



# Finish and Serve

Slice your **panini** diagonally, then divide between your plates with the **herby fries** alongside.

Share the **rocket** between your plates and drizzle over the **balsamic glaze** to finish.

Enjoy!