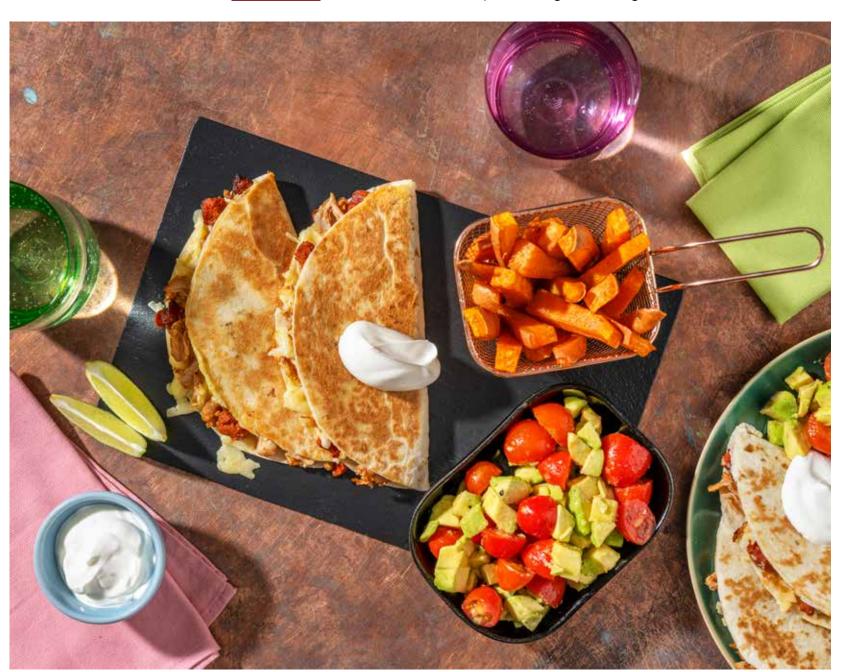


# Pulled Chipotle Chicken and Chorizo Quesadillas



with Sweet Potato Chips, Avocado & Tomato Salsa and Soured Cream

Street Food 40-45 Minutes • Mild Spice • 5 of your 5 a day





Garlic Clove



Chicken Thigh



Chipotle Paste



Chorizo



**Sweet Potato** 





Lime



Baby Plum Tomatoes



Mature Cheddar Cheese



Plain Taco

Tortilla



Soured Cream

## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

## **Cooking tools**

Garlic press, baking tray, bowl and grater.

#### Ingredients

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Ingredients	2P	3P	4P	
Garlic Clove**	2	3	4	
Chicken Thigh**	3	4	6	
Chipotle Paste	20g	30g	40g	
Chorizo**	90g	120g	180g	
Sweet Potato	2	3	4	
Avocado	1	2	2	
Lime**	1/2	1	1	
Baby Plum Tomatoes	125g	190g	250g	
Mature Cheddar Cheese** <b>7</b> )	90g	120g	180g	
Plain Taco Tortilla <b>13)</b>	4	6	8	
Soured Cream** 7)	75g	120g	150g	
Pantry	2P	3P	4P	
Olive Oil for the Salsa*	1 tbsp	1½ tbsp	2 tbsp	

#### Nutrition

\*Not Included \*\*Store in the Fridge

Typical Values	Per serving	Per 100g
for uncooked ingredient	765g	100g
Energy (kJ/kcal)	5843 /1397	764/183
Fat (g)	81.2	10.6
Sat. Fat (g)	31.0	4.1
Carbohydrate (g)	100.8	13.2
Sugars (g)	23.7	3.1
Protein (g)	67.6	8.8
Salt (g)	4.95	0.65

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

## **Allergens**

7) Milk 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

#### Contact

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#### Cook the Chicken

Preheat your oven to 220°C/200°C fan/gas mark 7. Peel and grate the **garlic** (or use a garlic press).

Lay the **chicken thighs** flat onto a baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then add the **chipotle paste** and **garlic**. Mix to coat well. **IMPORTANT:** Wash your hands and equipment after handling raw chicken and its packaging.

When the oven is hot, roast on the middle shelf until browned and cooked through, 16-18 mins.



# **Chip Chip Hooray**

Meanwhile, cut the **sweet potatoes** lengthways into 1cm slices, then cut into 1cm wide chips (no need to peel).

Pop the **sweet potato chips** onto another large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary.

Roast on the top shelf of your oven until golden, 25-30 mins. Turn halfway through.



#### Make the Avo Salsa

While everything's in the oven, halve the **avocado** and remove the stone. Use a tablespoon to scoop the flesh out onto a board, then chop into chunks and pop into a medium bowl.

Halve the **lime** and **baby plum tomatoes**. Add the **tomatoes** to the **avocado** bowl along with the **olive oil for the salsa** (see pantry for amount). Squeeze in the **juice** of the **lime** and season well. Mix together, then set your **salsa** aside.

Grate the cheese.



## Bring on the Spicy Filling

When the **chicken** has 5 mins left, add the **chorizo** to the **chicken** tray to cook for the remaining time. **IMPORTANT:** The chicken is cooked when no longer pink in the middle.

Once cooked, remove the **chicken** and **chorizo** tray from the oven and use 2 forks to shred the **chicken** as finely as you can. Transfer everything on the tray to a small bowl and clean the tray.



## Make and Bake your Quesadillas

Lighty oil the (now empty) tray, then lay on the tortillas (2 per person). Spoon the chicken mixture onto one half of each tortilla, then top with the grated cheese.

Fold the other side over to make a semi-circle. Press down to keep together.

Rub a little **oil** over the top of each one, then bake on the top shelf of your oven until golden, 8-12 mins.



### Serve

When ready, transfer the **quesadillas** to your plates and top with a dollop of **soured cream**.

Cut any remaining **lime** into **wedges** for squeezing over.

# Enjoy!