

# Rosemary Lamb and Mushroom Rigatoni with Creamy Sauce and Cheese



Rapid 20 Minutes









Chestnut Mushrooms





Lamb Mince



Creme Fraiche



Chicken Stock Paste



Grated Hard Italian Style Cheese

# Before you start

Our fruit and veggies need a little wash before you use them! Wash your hands before and after prep.

## **Cooking tools**

Saucepan, colander, garlic press and frying pan.

### Ingredients

	2P	3P	4P
Rigatoni Pasta 13)	180g	270g	360g
Garlic Clove**	1	1	2
Chestnut Mushrooms**	150g	225g	300g
Rosemary**	½ bunch	¾ bunch	1 bunch
Lamb Mince**	200g	300g	400g
Red Wine Vinegar 14)	1 sachet	1 sachet	2 sachets
Creme Fraiche** 7)	150g	225g	300g
Chicken Stock Paste	10g	15g	20g
Water for the Sauce*	100ml	150ml	200ml
Grated Hard Italian Style Cheese** <b>7) 8)</b>	40g	60g	80g
*Nint In alcohol **Chara in the Friday			

\*Not Included \*\*Store in the Fridge

### Nutrition

	Per serving	Per 100g
for uncooked ingredient	375g	100g
Energy (kJ/kcal)	3529 /843	941/225
Fat (g)	44.3	11.8
Sat. Fat (g)	25.2	6.7
Carbohydrate (g)	69.6	18.6
Sugars (g)	5.8	1.6
Protein (g)	40.8	10.9
Salt (g)	1.54	0.41

Nutrition for uncooked ingredients based on 2 person recipe.

## **Allergens**

7) Milk 8) Egg 13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

#### Contact

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### Cook the Pasta

- a) Bring a large saucepan of water to the boil with ½ tsp salt.
- **b)** When boiling, add the **rigatoni** to the **water** and bring back to the boil. Cook until tender, 12 mins.
- **c)** Once cooked, drain in a colander and pop back in the pan. Drizzle with **oil** and stir through to stop it sticking together.



# **Prep Time**

- **a)** While the **pasta** cooks, peel and grate the **garlic** (or use a garlic press).
- b) Thinly slice the mushrooms.
- c) Pick the **rosemary leaves** from their stalks and finely chop (see ingredients for amount, discard the stalks).



# **Get Frying**

- **a)** Heat a large frying pan on medium-high heat (no oil).
- b) Once hot, add the lamb mince to the pan and cook until browned, 5-6 mins. Use spoon to break it up as it cooks, then drain and discard any excess fat. Season with salt and pepper. IMPORTANT: Wash your hands and equipment after handling raw mince. The mince is cooked when no longer pink in the middle.
- **c)** Add the **mushrooms** and stir-fry until golden, 3-4 mins.



# Make the Creamy Sauce

- **a)** Stir the **garlic** and **chopped rosemary** into the pan. Cook, stirring, for 1-2 mins.
- **b)** Add the **red wine vinegar** and allow it to evaporate, 1-2 mins.
- c) Stir in the creme fraiche, chicken stock paste and water for the sauce (see ingredients for amount).
- **d)** Bring to the boil, then lower the heat and simmer until slightly thickened, 2-3 mins.



# **Cheese Please**

- a) Once the sauce has thickened, stir in half the grated hard Italian style cheese. Add a splash of water if you feel it needs it.
- b) Taste and add salt and pepper if needed.



### Combine and Serve

- **a)** Add the **cooked rigatoni** to the **sauce** and stir to combine, then spoon into your bowls.
- b) Sprinkle over the remaining hard Italian style cheese to finish.

Enjoy!