



Super Quick Pork Stir-Fry

with Shiitake Mushrooms, Chinese Leaf and Fragrant Rice

Rapid 15 Minutes

14



Pork Mince



Basmati Rice



Shiitake Mushrooms



Lime



Garlic Clove



Chinese Leaf



Ginger Puree



Ketjap Manis



Soy Sauce

Before you start

Our fruit and veggies need a little wash before you use them!

Cooking tools, you will need:

Kettle, Saucepan, Lid, Sieve, Zester, Garlic Press.

Ingredients

	2P	3P	4P
Pork Mince**	240g	360g	480g
Basmati Rice	150g	225g	300g
Shiitake Mushrooms**	50g	100g	100g
Lime**	½	1	1
Garlic Clove**	1	1	2
Chinese Leaf**	120g	180g	240g
Ginger Puree	½ sachet	1 sachet	1 sachet
Ketjap Manis 11)	1 sachet	2 sachets	2 sachets
Soy Sauce 11) 13)	1 sachet	1 sachet	2 sachets

*Not Included **Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredient	334g	100g
Energy (kJ/kcal)	2368/566	710/170
Fat (g)	18	5
Sat. Fat (g)	6	2
Carbohydrate (g)	74	22
Sugars (g)	11	3
Protein (g)	30	9
Salt (g)	3.34	1.00

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

11) Soya 13) Gluten

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

Contact

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Packed in the UK

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Start Cooking

- Fill and boil your kettle.
- Heat a splash of **oil** over high heat and add the **pork mince**.
- Cook until browned, 5 mins, breaking it up with a spoon. **IMPORTANT:** Wash your hands after handling raw meat. The mince is cooked when no longer pink in the middle.
- Fill a saucepan with **boiling water** for the **rice** and place on high heat.



Add the Veggies

- Add the **mushrooms** and **Chinese leaf** to the **pork**.
- Stir-fry until the **Chinese leaf** has softened, 3-4 mins.
- Add the **garlic** and **ginger puree**. Cook for 1 minute.



Cook the Rice

- Add ¼ **tsp** of **salt** to the **boiling water**.
- Stir in the **rice** and boil until tender, 12 mins.
- When cooked, drain in a sieve and pop back into the pan. Cover with a lid.



Stir in the Sauce

- Stir the **ketjap manis** and **soy sauce** into the **pork** and bring to the boil.
- Remove from the heat and squeeze in some **lime juice** to taste.
- Sprinkle the **lime zest** into the **rice** and stir through to combine.



Prep Time

- Meanwhile, slice the **shiitake mushrooms**.
- Zest then chop the **lime** into **wedges**.
- Peel and grate the **garlic** (or use a **garlic press**).



Serve

- Share the **rice** between your plates.
- Serve the **pork** alongside.
- Finish with a **lime wedge** for squeezing over.

Enjoy!

There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information.

Missing Ingredients: You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.