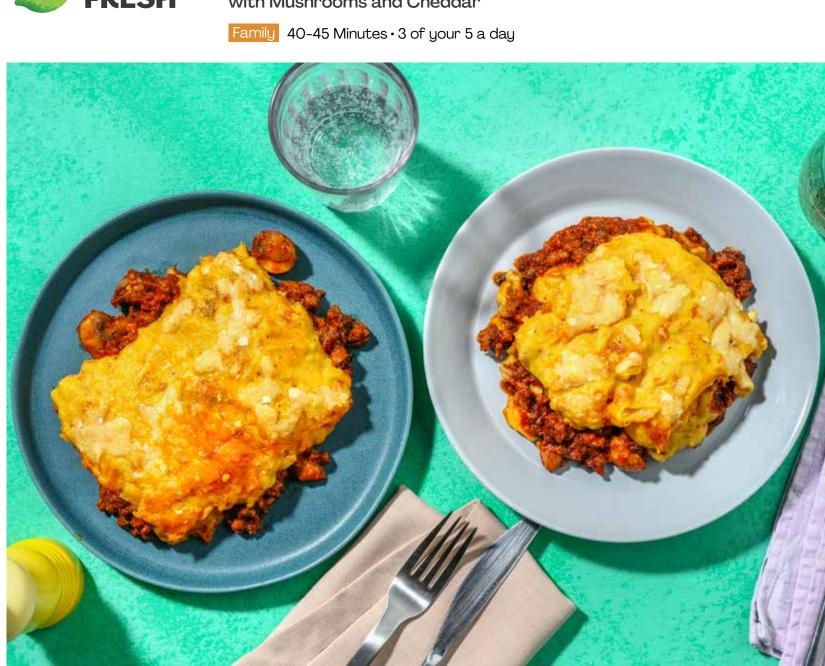


Sweet Potato Cottage Pie

with Mushrooms and Cheddar











Garlic Clove



Sliced Mushrooms



Worcester Sauce



Sun-Dried



Beef Stock Paste



Tomato Passata

Mature Cheddar Cheese

Pantry Items Oil, Salt, Pepper



Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Saucepan, garlic press, frying pan, colander, potato masher, lid and ovenproof dish.

Ingredients

Ingredients	2P	3P	4P	
Sweet Potato	1	11/2	2	
Potatoes	450g	700g	900g	
Garlic Clove**	2	3	4	
Beef Mince**	240g	360g	480g	
Sliced Mushrooms**	80g	120g	160g	
Worcester Sauce 13)	7g	11g	15g	
Sun-Dried Tomato Paste	25g	50g	50g	
Tomato Passata	1 carton	11/2 cartons	2 cartons	
Beef Stock Paste	10g	15g	20g	
Mature Cheddar Cheese** 7)	30g	40g	60g	
Devetors	00	O.D.	40	
Pantry	2P	3P	4P	
Water*	50ml	75ml	100ml	
*Not Included **Store in the Fridge				

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	661g	100g
Energy (kJ/kcal)	2978 /712	450/108
Fat (g)	28.1	4.2
Sat. Fat (g)	12.3	1.9
Carbohydrate (g)	79.1	12.0
Sugars (g)	18.3	2.8
Protein (g)	40.6	6.1
Salt (g)	3.1	0.47

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Prep the Potatoes

Preheat your oven to 240°C/220°C fan/gas mark 9.
Put a large saucepan of **water** with ½ **tsp salt** on to boil for the **potatoes**.

Peel and grate the **garlic** (or use a garlic press).

Chop the **sweet** and **white potatoes** into into roughly 2cm chunks (peel first if you prefer).



Get Frying

Heat a large frying pan on medium-high heat (no oil).

Once hot, add the **beef mince** and fry until browned, 4-5 mins. Use a spoon to break it up as it cooks, then drain and discard any excess fat.

Add the **garlic** and **mushrooms** to the pan, then cook, stirring occasionally, until browned, 4-5 mins more. Season with **salt** and **pepper**. **IMPORTANT**: Wash your hands and equipment after handling raw mince. It's cooked when no longer pink in the middle.



Make the Mash

Meanwhile, add both types of **potato** to your pan of **boiling water** and simmer until you can easily slip a knife through, 15-20 mins.

Once cooked, drain in a colander and return to the pan, off the heat. Add a knob of **butter** and a splash of **milk** (if you have any) and mash until smooth.

Season with **salt** and **pepper**. Cover with a lid to keep warm.



Simmer the Filling

Once the **mushrooms** have browned, add the **Worcester sauce** to the pan and bubble away until evaporated, 1-2 mins.

Stir in the sun-dried tomato paste, tomato passata, beef stock paste and water for the sauce (see pantry for amount).

Bring to the boil, then reduce the heat and simmer until thickened, 15-20 mins.



Assemble your Pie

Preheat your grill to medium-high.

Transfer the **beef filling** to an ovenproof dish and top with an even layer of **mash**.

Grate the **Cheddar cheese** over the top, then grill until golden and bubbling, 10-15 mins.



Serve

Once your **cottage pie** is ready, allow to stand for 2 mins before serving on plates.

Enjoy!