

The Big Halloumi

Aubergine & Halloumi Burger, Pesto, Sun-Dried Tomato Mayo, Herby Chips and Salad

Veggie Craft Burger 35-40 Minutes • 2 of your 5 a day • Veggie





















Balsamic Vinegar

Medium Tomato



Honey



Burger Bun



Sun-Dried Tomato Paste



Premium Baby Leaf Mix



Fresh Pesto



Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools
Baking tray, bowl, kitchen paper and frying pan.

Ingredients

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Ingredients	2P	3P	4P	
Potatoes	450g	700g	900g	
Dried Basil	1 sachet	2 sachets	2 sachets	
Aubergine**	1	1	2	
Halloumi** 7)	225g	337g	450g	
Medium Tomato	1	2	2	
Balsamic Vinegar 14)	12ml	18ml	24ml	
Honey	15g	22g	30g	
Burger Bun 13)	2	3	4	
Sun-Dried Tomato Paste	25g	37g	50g	
Premium Baby Leaf Mix**	50g	75g	100g	
Fresh Pesto** 7)	32g	48g	96g	
Pantry	2P	3P	4P	
Sugar for the Dressing*	1/4 tsp	½ tsp	¾ tsp	
Olive Oil for the Dressing*	1 tbsp	1½ tbsp	2 tbsp	
Mayonnaise*	2 tbsp	3 tbsp	4 tbsp	
*Not Included **Store in the Fridge				

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	696g	100g
Energy (kJ/kcal)	4207 /1005	604/144
Fat (g)	52.7	7.6
Sat. Fat (g)	19.8	2.8
Carbohydrate (g)	96.3	13.8
Sugars (g)	25.5	3.7
Protein (g)	39.5	5.7
Salt (g)	4.23	0.61

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten 14) Sulphites

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Chop your Chips

Preheat your oven to 220°C/200°C fan/gas mark 7. Chop the **potatoes** lengthways into 1cm slices, then chop into 1cm wide chips (no need to peel).

Pop the **chips** onto a large baking tray. Drizzle with oil, sprinkle over the dried basil, season with salt and pepper, then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary. When the oven is hot, bake on the middle shelf until golden, 30-35 mins. Turn halfway through.



Roast the Aubergine

In the meantime, trim the aubergine, then slice into 1cm thick rounds.

Pop the aubergine onto a baking tray. Drizzle with oil, season with salt and pepper, then toss to coat. Spread out in a single layer.

Roast the **aubergine** on the top shelf of your oven until soft and golden, 20-25 mins. Turn halfway through.



Prep Time

While everything roasts, drain the halloumi, then cut it into 2 slices per person. Place them into a small bowl of cold water and leave to soak.

Cut the **tomato** into 1cm chunks.

In a large bowl, combine the **balsamic vinegar**, sugar and olive oil for the dressing (see pantry for both amounts), then stir through the **tomatoes**. Season with salt and pepper, then set aside for later.



Hello Halloumi

When the chips have 8 mins left, remove the halloumi slices from the cold water and pat them dry with kitchen paper.

Heat a drizzle of **oil** in a large frying pan on medium-high heat. Once hot, add the halloumi and fry until golden, 2-3 mins each side.

Remove from the heat and drizzle over the honey, turning the **halloumi** to coat on all sides. TIP: If your honey has hardened, pop it in a bowl of hot water for 1 min.



Finishing Touches

When everything's nearly ready, halve the burger **buns**. Pop them into the oven to warm through, 2-3 mins.

In a small bowl, combine the sun-dried tomato paste and mayonnaise (see pantry for amount). Just before you're ready to serve, toss the baby leaves with the dressing and tomatoes.



Build your Burgers

When everything's ready, spread the pesto over the **bun bases**, then spread the **sun-dried tomato** mayo over the lids.

Top each bun base with a glazed halloumi slice followed by a few roasted aubergine rounds and another **glazed halloumi slice**, then sandwich shut with the bun lids.

Serve with your **herby chips** and **salad** alongside.

Enjoy!