

The Tex-Mex



Craft Burger 40-45 Minutes • Mild Spice • 3 of your 5 a day













Potatoes







Panko Breadcrumbs



Avocado



Sweetcorn





Baby Plum Tomatoes



Burger Bun



Mature Cheddar

Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Garlic press, baking tray, bowl, sieve, frying pan and grater.

Ingredients

| 9 | | | |
|----------------------------------|--------|---------|--------|
| Ingredients | 2P | 3P | 4P |
| Lime** | 1 | 1 | 1 |
| Garlic Clove** | 2 | 3 | 4 |
| Potatoes | 450g | 700g | 900g |
| Chipotle Paste | 20g | 30g | 40g |
| Panko Breadcrumbs 13) | 10g | 25g | 25g |
| Beef Mince** | 360g | 480g | 720g |
| Avocado | 1 | 2 | 2 |
| Sweetcorn | 150g | 200g | 300g |
| Baby Plum Tomatoes | 125g | 190g | 250g |
| Mature Cheddar Cheese** 7) | 40g | 60g | 90g |
| Burger Bun 13) | 2 | 3 | 4 |
| Rocket** | 20g | 40g | 40g |
| Pantry | 2P | 3P | 4P |
| Salt for the Breadcrumbs* | ½ tsp | ¾ tsp | 1 tsp |
| Water for the Breadcrumbs* | 1 tbsp | 1½ tbsp | 2 tbsp |
| | | | |

^{*}Not Included **Store in the Fridge

Nutrition

| Typical Values | Per serving | Per 100g |
|-------------------------|-------------|----------|
| for uncooked ingredient | 769g | 100g |
| Energy (kJ/kcal) | 4594 /1098 | 597/143 |
| Fat (g) | 55.8 | 7.3 |
| Sat. Fat (g) | 20.8 | 2.7 |
| Carbohydrate (g) | 94.9 | 12.3 |
| Sugars (g) | 15.4 | 2.0 |
| Protein (g) | 60.1 | 7.8 |
| Salt (g) | 3.73 | 0.49 |
| | | |

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Chop the Chips

Preheat your oven to 220°C/200°C fan/gas mark 7. Halve the **lime**. Peel and grate the **garlic** (or use a garlic press).

Cut the **potatoes** lengthways into 1cm slices, then cut into 1cm wide chips (no need to peel). Pop them onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper**, then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary.

When the oven is hot, bake on the top shelf until golden, 30-35 mins. Turn halfway through.



Make your Burgers

Meanwhile, in a large bowl, combine the **chipotle paste**, **garlic**, **breadcrumbs**, **salt** and **water for the breadcrumbs** (see pantry for both amounts).

Add the **beef mince**, season with **pepper** and mix together with your hands.

Roll into even-sized balls, then shape into 2cm thick **burgers**, 1 per person. **TIP**: *The burgers will shrink a little when cooking.* **IMPORTANT**: *Wash your hands and equipment after handling raw mince.*



Time to Bake

Pop the **burgers** onto a lightly oiled baking tray and bake on the middle shelf of your oven until cooked through, 18-20 mins. **IMPORTANT**: The burgers are cooked when no longer pink in the middle.

Meanwhile, halve the **avocado** and remove the stone. Use a tablespoon to scoop the flesh out into a bowl and mash with a fork.



Guac and Roll

Squeeze some **lime juice** into the **avocado**, then season with **salt** and **pepper**. Taste and add more **salt**, **pepper** and **lime juice** if needed, then set your **guacamole** aside.

Drain the **sweetcorn** in a sieve. Heat a large frying pan on high heat (no oil).

Once hot, add the **sweetcorn** and cook until charred, 5-6 mins. Adjust the heat if necessary. Stir only twice during this time - you want the **sweetcorn** to pick up some nice colour.

Once charred, transfer the **corn** to a large bowl.



Finishing Touches

Halve the **tomatoes** and add them to the bowl of **corn**. Drizzle over some **oil**, squeeze in some **lime juice**, then season with **salt** and **pepper**. Mix well.

Grate the cheese. Halve the burger buns.

Once the **burgers** are cooked, carefully place the **cheese** on top of them and pop back into the oven until the **cheese** has melted, 2-3 mins.

At the same time, pop the **burger buns** into the oven to warm through.



Stack up and Serve

When everything's ready, mix half the rocket through the charred corn salad.

Transfer the **buns** to your plates and spread the **guacamole** over the **bases**. Lay the **cheesy burgers** on top, then add some of the remaining **rocket**. Finish with the **bun lids**.

Serve your **craft burgers** with the **chips** and **charred corn salad** alongside.

Enjoy!

