

# Ultimate Creamy Chicken Korma and Basmati Rice with Chilli and Coriander Topping and Buttery Naan

Ultimate

35-40 Minutes • Mild Spice











Tomato Puree



Korma Style Paste

Chicken Stock Paste



Diced Chicken





Green Chilli



Coriander



Creme Fraiche



Cashew Butter



Plain Naan Breads

Oil, Salt, Pepper, Sugar, Butter

**Pantry Items** 

## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

Cooking tools
Saucepan, lid, garlic press, bowl and baking tray.

#### Ingredients

| Ingredients                         | 2P      | 3P      | 4P      |  |
|-------------------------------------|---------|---------|---------|--|
| Basmati Rice                        | 150g    | 225g    | 300g    |  |
| Garlic Clove**                      | 2       | 3       | 4       |  |
| Tomato Puree                        | 30g     | 45g     | 60g     |  |
| Korma Style<br>Paste <b>9)</b>      | 50g     | 75g     | 100g    |  |
| Diced Chicken<br>Breast**           | 260g    | 390g    | 520g    |  |
| Chicken Stock<br>Paste              | 10g     | 15g     | 20g     |  |
| Green Chilli**                      | 1/2     | 3/4     | 1       |  |
| Coriander**                         | 1 bunch | 1 bunch | 1 bunch |  |
| Creme Fraiche** 7)                  | 75g     | 120g    | 150g    |  |
| Cashew Butter 2)                    | 30g     | 45g     | 60g     |  |
| Plain Naan Breads <b>7) 13)</b>     | 2       | 3       | 4       |  |
| Pantry                              | 2P      | 3P      | 4P      |  |
| Water for the Rice*                 | 300ml   | 450ml   | 600ml   |  |
| Sugar*                              | 1 tsp   | 1½ tsp  | 2 tsp   |  |
| Water for the<br>Curry*             | 100ml   | 150ml   | 200ml   |  |
| Butter*                             | 20g     | 30g     | 40g     |  |
| *Not Included **Store in the Fridge |         |         |         |  |

<sup>\*</sup>Not Included \*\*Store in the Fridge

#### Nutrition

| Typical Values          | Per serving | Per 100g  |
|-------------------------|-------------|-----------|
| for uncooked ingredient | 459g        | 100g      |
| Energy (kJ/kcal)        | 4978 /1190  | 1085 /259 |
| Fat (g)                 | 44.8        | 9.8       |
| Sat. Fat (g)            | 16.4        | 3.6       |
| Carbohydrate (g)        | 137.3       | 29.9      |
| Sugars (g)              | 12.0        | 2.6       |
| Protein (g)             | 55.8        | 12.1      |
| Salt (g)                | 3.89        | 0.85      |
|                         |             |           |

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

# **Allergens**

2) Nuts 7) Milk 9) Mustard 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

#### Contact

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#### Cook the Rice

Preheat your oven to 220°C/200°C fan/gas mark 7.

Pour the water for the rice (see pantry for amount) into a medium saucepan with a tight-fitting lid.

Stir in the rice and 1/4 tsp salt and bring to the boil. Once boiling, turn the heat down to medium and cover with the lid.

Leave to cook for 10 mins, then remove the pan from the heat (still covered) and leave to the side for another 10 mins or until ready to serve (the rice will continue to cook in its own steam).



# Curry Up

Meanwhile, peel and grate the garlic (or use a garlic press). Heat a drizzle of oil in a large saucepan on medium heat.

Once hot, add the garlic, tomato puree and korma style paste. Cook until fragrant, 2-3 mins.

Stir in the chicken, chicken stock paste, sugar and water for the curry (see pantry for both amounts). Bring to the boil, then turn the heat down and cover with a lid.

Simmer until the **chicken** is cooked and the **sauce** has thickened, 12-15 mins, IMPORTANT: Wash your hands and equpment after handling raw chicken and its packaging. It's cooked when no longer pink in the middle.



# Make your Chilli Topping

Meanwhile, halve the chilli lengthways, deseed, then finely chop.

Roughly chop the **coriander** (stalks and all). In a small bowl, mix together the chilli and coriander and set aside.



#### Simmer the Sauce

Remove the lid from the curry and stir in the creme fraiche and cashew butter until well combined.

Bring to the boil, then simmer for 2-3 mins more.



# Bring on the Naans

Meanwhile, pop the **naans** onto a baking tray. Spread over the **butter** (see pantry for amount) and pop into the oven to warm through, 2-3 mins.

When everything's ready, taste and season your curry with salt and pepper if needed. Add a splash of water if it's a little too thick.



#### Finish and Serve

Share the **rice** between your bowls and top with your ultimate creamy chicken korma.

Scatter over the coriander and chilli topping (careful, it's hot).

Serve your **buttery naans** alongside.

### Enjoy!