

# Veggie Pancit Inspired Noodles



with Mushrooms, Lime and Coriander

Rapid 20 Minutes • Mild Spice • 2 of your 5 a day • Veggie



### Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

#### Cooking tools

Garlic press, saucepan, colander and frying pan.

| Ingredients                         | 2P      | 3P      | 4P      |
|-------------------------------------|---------|---------|---------|
| Onion**                             | 1       | 2       | 2       |
| Garlic Clove**                      | 2       | 3       | 4       |
| Lime**                              | 1/2     | 3/4     | 1       |
| Egg Noodle Nest<br><b>8) 13)</b>    | 2 nests | 3 nests | 4 nests |
| Sliced<br>Mushrooms**               | 120g    | 180g    | 240g    |
| Ginger Puree                        | 15g     | 22g     | 30g     |
| Coleslaw Mix**                      | 120g    | 180g    | 240g    |
| Vegetable Stock<br>Paste <b>10)</b> | 10g     | 15g     | 20g     |
| Ketjap Manis <b>11)</b>             | 50g     | 75g     | 100g    |
| Coriander**                         | 1 bunch | 1 bunch | 1 bunch |
| Sriracha                            | 15g     | 30g     | 30g     |
| Pantry                              | 2P      | 3P      | 4P      |
| Water for the<br>Sauce*             | 100ml   | 150ml   | 200ml   |

\*Not Included \*\*Store in the Fridge

#### Nutrition

| Per serving | Per 100g  |
|-------------|---|
| 323g        | 100g  |
| 1642/392    | 509/122   |
| 2.0         | 0.6   |
| 0.4         | 0.1   |
| 80.3        | 25.0  |
| 26.3        | 8.2   |
| 12.6        | 4.0   |
| 4.61        | 1.43  |
|             | <b>323g</b><br>1642/392<br>2.0<br>0.4<br>80.3<br>26.3<br>12.6 |

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

#### Allergens

8) Egg 10) Celery 11) Soya 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

## Contact

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#### HelloFresh UK

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#### Start the Prep

a) Halve, peel and thinly slice the **onion**.

**b)** Peel and grate the **garlic** (or use a garlic press).

c) Halve the lime.

Δ



#### **Boil the Noodles**

a) Bring a large saucepan of water to the boil with ¼ tsp salt.

**b)** When boiling, add the **noodles** to the **water** and cook until tender, 4 mins.

**c)** Once cooked, drain in a colander and run under **cold water** to stop them sticking together.



### **Get Stir-Frying**

**a)** Meanwhile, heat a drizzle of **oil** in a large frying pan on medium-high heat.

**b)** Once hot, add the **onion** and **mushrooms** to the pan. Stir-fry until softened, 5-6 mins.

c) Add the garlic, ginger puree and coleslaw mix, then stir-fry for 30 secs.



#### Sauce Things Up

a) Stir the veg stock paste, ketjap manis and water for the sauce (see pantry for amount) into the veg.

**b)** Bring to the boil, then simmer until reduced by half and thickened, 3-4 mins.

**c)** Meanwhile, roughly chop the **coriander** (stalks and all).



#### **Combine and Stir**

a) Add the cooked noodles and half the coriander to the veg pan. Mix together, then remove from the heat.

**b**) Squeeze in the **lime juice** (see ingredients for amount).

**c)** Taste and season with **salt** and **pepper** if needed.



#### Serve

**a)** Share the **veggie pancit inspired noodles** between your bowls.

**b)** Finish with a sprinkling of the remaining **coriander** and a drizzle of **sriracha** (use less if you'd prefer things milder) over the top.

**c)** Serve with any remaining **lime** cut into **wedges** for squeezing over.

Enjoy!